

## 1. Uitslag 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	34 Cornelius Kersten	HSA	15	I	38.55		
2	56 Bram van Schie	HSA	10	O	39.33		
3	46 Calvin van Klink	HN2	21	I	39.54		
4	35 Jonathan Schildermans	HN2	20	I	40.61		
5	57 Koen Lippens	HSB	23	I	41.65		
6	17 Emil Nielsen	HSA	21	O	42.24		
7	2 Daniel Yeow	HSB	20	O	42.47		
8	26 Gijs Luijten	HB1	23	O	42.81		
9	7 Peter Carr	H45	15	O	43.14		
10	37 Ellia Smeding	DN2	11	O	43.23		
11	45 Azamat Ismailov	H40	26	I	43.39		
12	6 Johanco Veldsman	HA1	10	I	44.85	PR	
13	33 Lotte Jongema	DN4	14	I	46.68		
14	23 Tom Harris	HB2	9	O	47.78		
15	36 Mathias Catteeuw	HSA	24	O	48.17	PR	
16	1 Alexandra Snowdon	DPB	1	O	48.56		
17	15 Elma Ouwehand	DSA	14	O	48.63		
18	32 David Smith	H50	17	I	48.65		
19	12 Anton Carter	H40	16	I	48.76		
20	55 Sabrina Gaudesaboos	DSA	7	I	50.80		
21	29 Mike McInnerney	H45	17	O	52.37		
22	16 Harmen Ouwehand	HC2	24	I	52.57	PR	
23	19 Tanith Turner	DA2	11	I	52.58		
24	3 Andrej Kwadrin	HSB	26	O	53.29	PR	
25	43 Charline Kwadrin	DPB	1	I	53.76		
26	41 Evy September	DSB	13	O	53.85		
27	13 Paul Connaghton	H50	16	O	54.73		
28	48 Shannon Gray-Buffey	D40	13	I	56.41		
29	8 Philippa Draper	DC2	8	O	57.03		
30	20 Peter Carter	H70	18	O	57.32		
31	60 Anastasia Wigg	DN4	22	I	57.79		
32	9 Hannah Grant	DA1	7	O	58.10		
33	14 Solomon Prempeh	HB2	9	I	58.32		
34	4 Joseph Armstrong	HPB	4	O	59.19		
35	49 Savi Buffey	DPD	2	I	59.53	PR	
36	21 Clare UPTON	D50	12	I	59.81		
37	18 Dante Dahlili	HPC	6	O	1:00.14		
38	10 Gert Coone	H45	25	O	1:01.17		

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
39	30 Lucy McInnerney	DB2	8	I	1:02.87		
40	39 Abby Keable	DSA	12	O	1:04.17		
41	42 Jack Kwadrin	HPE	5	I	1:04.81	PR	
42	51 Samuel Surguy	HPC	5	O	1:05.97		
43	22 Tom Smith	HPB	4	I	1:07.54	PR	
44	44 Mark Coates Kwadrin	H55	19	O	1:09.44		
45	54 Luke Burton	HPC	3	O	1:13.45		
46	31 Erik Krijnen	H50	25	I	1:13.67		
47	25 Meredith McGaw	DPB	2	O	1:15.53		
48	50 Cohen Buffey	HPF	6	I	1:16.57	FL	
49	24 Mark McGaw	H60	19	I	1:17.60		
50	40 Steven Randall	H60	18	I	1:28.69		
51	52 Felicity Surguy	DPF	3	I	1:37.80		

## 1. Rituitslag 500 meter

		Naam		Cat		PR	Tijd	Info
1	wt	43	<b>Charline Kwadrin</b>		DPB	51.73	<b>53.76</b>	
	rd	1	<b>Alexandra Snowdon</b>		DPB	47.50	<b>48.56</b>	
				<b>Charline Kwadrin</b>		<b>Alexandra Snowdon</b>		
		100m	13.99	(13.9)	100m	12.73	(12.7)	
		500m	53.76	(39.8)	500m	48.56	(35.8)	

		Naam		Cat		PR	Tijd	Info
2	gl	49	<b>Savi Buffey</b>		DPD	1:02.18	<b>59.53</b>	PR
	bl	25	<b>Meredith McGaw</b>		DPB		<b>1:15.53</b>	
				<b>Savi Buffey</b>		<b>Meredith McGaw</b>		
		100m	14.26	(14.2)	100m	16.58	(16.5)	
		500m	59.53	(45.3)	500m	1:15.53	(59.0)	

		Naam		Cat		PR	Tijd	Info
3	wt	52	<b>Felicity Surguy</b>		DPF		<b>1:37.80</b>	
	rd	54	<b>Luke Burton</b>		HPC		<b>1:13.45</b>	
				<b>Felicity Surguy</b>		<b>Luke Burton</b>		
		100m	20.97	(20.9)	100m	16.17	(16.1)	
		500m	1:37.80	(76.9)	500m	1:13.45	(57.3)	

		Naam		Cat		PR	Tijd	Info
4	gl	22	<b>Tom Smith</b>		HPB	1:08.33	<b>1:07.54</b>	PR
	bl	4	<b>Joseph Armstrong</b>		HPB	56.71	<b>59.19</b>	
				<b>Tom Smith</b>		<b>Joseph Armstrong</b>		
		100m	16.03	(16.0)	100m	14.01	(14.0)	
		500m	1:07.54	(51.5)	500m	59.19	(45.1)	

		Naam		Cat		PR	Tijd	Info
5	wt	42	<b>Jack Kwadrin</b>		HPE	1:08.51	<b>1:04.81</b>	PR
	rd	51	<b>Samuel Surguy</b>		HPC	1:05.41	<b>1:05.97</b>	
				<b>Jack Kwadrin</b>		<b>Samuel Surguy</b>		
		100m	15.93	(15.9)	100m	16.10	(16.1)	
		500m	1:04.81	(48.9)	500m	1:05.97	(49.8)	

		Naam			Cat	PR	Tijd	Info
6	gl	50 <b>Cohen Buffey</b>			HPF	1:11.78	<b>1:16.57</b>	FL
	bl	18 <b>Dante Dahlili</b>			HPC		<b>1:00.14</b>	
		<b>Cohen Buffey</b>			<b>Dante Dahlili</b>			
		100m	14.85	(14.8)	100m	14.26	(14.2)	
		500m	1:16.57	(61.7)	500m	1:00.14	(45.9)	
		Naam			Cat	PR	Tijd	Info
7	wt	55 <b>Sabrina Gaudesaboos</b>			DSA		<b>50.80</b>	
	rd	9 <b>Hannah Grant</b>			DA1	52.62	<b>58.10</b>	
		<b>Sabrina Gaudesaboos</b>			<b>Hannah Grant</b>			
		100m	13.56	(13.5)	100m	14.56	(14.5)	
		500m	50.80	(37.3)	500m	58.10	(43.6)	
		Naam			Cat	PR	Tijd	Info
8	gl	30 <b>Lucy McInnerney</b>			DB2		<b>1:02.87</b>	
	bl	8 <b>Philippa Draper</b>			DC2	56.11	<b>57.03</b>	
		<b>Lucy McInnerney</b>			<b>Philippa Draper</b>			
		100m	15.57	(15.5)	100m	14.95	(14.9)	
		500m	1:02.87	(47.3)	500m	57.03	(42.1)	
		Naam			Cat	PR	Tijd	Info
9	wt	14 <b>Solomon Prempeh</b>			HB2		<b>58.32</b>	
	rd	23 <b>Tom Harris</b>			HB2	47.43	<b>47.78</b>	
		<b>Solomon Prempeh</b>			<b>Tom Harris</b>			
		100m	12.08	(12.0)	100m	12.81	(12.8)	
		500m	58.32	(46.3)	500m	47.78	(34.9)	
		Naam			Cat	PR	Tijd	Info
10	gl	6 <b>Johanco Veldsman</b>			HA1	45.22	<b>44.85</b>	PR
	bl	56 <b>Bram van Schie</b>			HSA	37.52	<b>39.33</b>	
		<b>Johanco Veldsman</b>			<b>Bram van Schie</b>			
		100m	12.48	(12.4)	100m	10.79	(10.7)	
		500m	44.85	(32.4)	500m	39.33	(28.6)	

		Naam			Cat	PR	Tijd	Info
11	wt	19 <b>Tanith Turner</b>			DA2		<b>52.58</b>	
	rd	37 <b>Ellia Smeding</b>			DN2	40.83	<b>43.23</b>	
		<b>Tanith Turner</b>			<b>Ellia Smeding</b>			
		100m	13.77	(13.7)	100m	11.93	(11.9)	
		500m	52.58	(38.8)	500m	43.23	(31.3)	
		Naam			Cat	PR	Tijd	Info
12	gl	21 <b>Clare UPTON</b>			D50	55.85	<b>59.81</b>	
	bl	39 <b>Abby Keable</b>			DSA		<b>1:04.17</b>	
		<b>Clare UPTON</b>			<b>Abby Keable</b>			
		100m	15.71	(15.7)	100m	16.48	(16.4)	
		500m	59.81	(44.1)	500m	1:04.17	(47.7)	
		Naam			Cat	PR	Tijd	Info
13	wt	48 <b>Shannon Gray-Buffey</b>			D40	54.23	<b>56.41</b>	
	rd	41 <b>Evy September</b>			DSB	52.75	<b>53.85</b>	
		<b>Shannon Gray-Buffey</b>			<b>Evy September</b>			
		100m	14.77	(14.7)	100m	14.47	(14.4)	
		500m	56.41	(41.7)	500m	53.85	(39.4)	
		Naam			Cat	PR	Tijd	Info
14	gl	33 <b>Lotte Jongema</b>			DN4	44.74	<b>46.68</b>	
	bl	15 <b>Elma Ouwehand</b>			DSA	47.01	<b>48.63</b>	
		<b>Lotte Jongema</b>			<b>Elma Ouwehand</b>			
		100m	12.56	(12.5)	100m	13.08	(13.0)	
		500m	46.68	(34.1)	500m	48.63	(35.6)	
		Naam			Cat	PR	Tijd	Info
15	wt	34 <b>Cornelius Kersten</b>			HSA	35.72	<b>38.55</b>	
	rd	7 <b>Peter Carr</b>			H45	41.92	<b>43.14</b>	
		<b>Cornelius Kersten</b>			<b>Peter Carr</b>			
		100m	10.67	(10.6)	100m	11.88	(11.8)	
		500m	38.55	(27.9)	500m	43.14	(31.3)	

		Naam	Cat		PR	Tijd	Info
16	gl	12 <b>Anton Carter</b>	H40		46.35	<b>48.76</b>	
	bl	13 <b>Paul Connaghton</b>	H50		50.55	<b>54.73</b>	
		<b>Anton Carter</b>			<b>Paul Connaghton</b>		
		100m	13.65	(13.6)	100m	14.46	(14.4)
		500m	48.76	(35.1)	500m	54.73	(40.3)
		Naam	Cat		PR	Tijd	Info
17	wt	32 <b>David Smith</b>	H50		46.18	<b>48.65</b>	
	rd	29 <b>Mike McInnerney</b>	H45			<b>52.37</b>	
		<b>David Smith</b>			<b>Mike McInnerney</b>		
		100m	13.28	(13.2)	100m	13.84	(13.8)
		500m	48.65	(35.4)	500m	52.37	(38.5)
		Naam	Cat		PR	Tijd	Info
18	gl	40 <b>Steven Randall</b>	H60		1:24.66	<b>1:28.69</b>	
	bl	20 <b>Peter Carter</b>	H70			<b>57.32</b>	
		<b>Steven Randall</b>			<b>Peter Carter</b>		
		100m	21.97	(21.9)	100m	14.59	(14.5)
		500m	1:28.69	(66.7)	500m	57.32	(42.8)
		Naam	Cat		PR	Tijd	Info
19	wt	24 <b>Mark McGaw</b>	H60			<b>1:17.60</b>	
	rd	44 <b>Mark Coates Kwadrin</b>	H55			<b>1:09.44</b>	
		<b>Mark McGaw</b>			<b>Mark Coates Kwadrin</b>		
		100m	18.24	(18.2)	100m	17.70	(17.7)
		500m	1:17.60	(59.4)	500m	1:09.44	(51.7)
		Naam	Cat		PR	Tijd	Info
20	gl	35 <b>Jonathan Schildermans</b>	HN2		39.66	<b>40.61</b>	
	bl	2 <b>Daniel Yeow</b>	HSB			<b>42.47</b>	
		<b>Jonathan Schildermans</b>			<b>Daniel Yeow</b>		
		100m	11.26	(11.2)	100m	11.37	(11.3)
		500m	40.61	(29.4)	500m	42.47	(31.1)

		Naam			Cat	PR	Tijd	Info
21	wt	46	<b>Calvin van Klink</b>		HN2	37.70	<b>39.54</b>	
	rd	17	<b>Emil Nielsen</b>		HSA		<b>42.24</b>	
		<b>Calvin van Klink</b>			<b>Emil Nielsen</b>			
		100m	10.64	(10.6)	100m	11.16	(11.1)	
		500m	39.54	(28.9)	500m	42.24	(31.1)	

		Naam			Cat	PR	Tijd	Info
22	gl	60	<b>Anastasia Wigg</b>		DN4		<b>57.79</b>	
	bl							
		<b>Anastasia Wigg</b>						
		100m	15.68	(15.6)	m			
		500m	57.79	(42.1)				

		Naam			Cat	PR	Tijd	Info
23	wt	57	<b>Koen Lippens</b>		HSB	40.11	<b>41.65</b>	
	rd	26	<b>Gijs Luijten</b>		HB1	40.43	<b>42.81</b>	
		<b>Koen Lippens</b>			<b>Gijs Luijten</b>			
		100m	10.94	(10.9)	100m	11.65	(11.6)	
		500m	41.65	(30.7)	500m	42.81	(31.2)	

		Naam			Cat	PR	Tijd	Info
24	gl	16	<b>Harmen Ouwehand</b>		HC2	58.92	<b>52.57</b>	PR
	bl	36	<b>Mathias Catteeuw</b>		HSA	49.75	<b>48.17</b>	PR
		<b>Harmen Ouwehand</b>			<b>Mathias Catteeuw</b>			
		100m	13.24	(13.2)	100m	12.48	(12.4)	
		500m	52.57	(39.3)	500m	48.17	(35.7)	

		Naam			Cat	PR	Tijd	Info
25	wt	31	<b>Erik Krijnen</b>		H50		<b>1:13.67</b>	
	rd	10	<b>Gert Coone</b>		H45		<b>1:01.17</b>	
		<b>Erik Krijnen</b>			<b>Gert Coone</b>			
		100m	17.12	(17.1)	100m	15.48	(15.4)	
		500m	1:13.67	(56.5)	500m	1:01.17	(45.7)	

		Naam		Cat		PR	Tijd	Info
26	gl	45	<b>Azamat Ismailov</b>		H40		41.90	<b>43.39</b>
	bl	3	<b>Andrej Kwadrin</b>		HSB		53.44	<b>53.29</b> PR
			<b>Azamat Ismailov</b>			<b>Andrej Kwadrin</b>		
			100m	11.64	(11.6)	100m	13.89	(13.8)
			500m	43.39	(31.7)	500m	53.29	(39.4)



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Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	28 Jef Mariën	HA1	33	I	4:34.66		
2	37 Ellia Smeding	DN2	29	O	4:47.59		
3	58 Koen Kersten	HN4	30	O	4:59.84		
4	45 Azamat Ismailov	H40	35	O	5:04.61		
5	23 Tom Harris	HB2	32	O	5:11.99	PR	
6	15 Elma Ouwehand	DSA	29	I	5:18.44		
7	6 Johanco Veldsman	HA1	32	I	5:22.83		
8	55 Sabrina Gaudesaboos	DSA	30	I	5:23.85		
9	27 Walter Mariën	H50	34	O	5:24.28		
10	36 Mathias Catteeuw	HSA	33	O	5:26.44		
11	32 David Smith	H50	31	I	5:43.35		
12	47 Mike Ridley	H55	31	O	5:54.09		
13	19 Tanith Turner	DA2	27	I	5:58.61		
14	10 Gert Coone	H45	34	I	6:22.56		
15	60 Anastasia Wigg	DN4	28	I	6:25.63		
16	9 Hannah Grant	DA1	27	O	6:53.74		
17	8 Philippa Draper	DC2	28	O	7:50.54	FL	
18	31 Erik Krijnen	H50	35	I	8:34.46	FL	

## 2. Rituitslag 3000 meter

		Naam		Cat		PR		Tijd	Info
27	wt	19	<b>Tanith Turner</b>		DA2			<b>5:58.61</b>	
	rd	9	<b>Hannah Grant</b>		DA1	6:05.10		<b>6:53.74</b>	
			<b>Tanith Turner</b>				<b>Hannah Grant</b>		
			200m	26.57	(26.5)	200m			27.84 (27.8)
			600m	1:10.66	(44.1)	600m			1:18.30 (50.5)
			1000m	1:56.61	(46.0)	1000m			2:11.33 (53.0)
			1400m	2:44.56	(47.9)	1400m			3:06.59 (55.2)
			1800m	3:32.62	(48.1)	1800m			4:02.20 (55.7)
			2200m	4:20.29	(47.6)	2200m			5:00.15 (57.9)
			2600m	5:09.86	(49.6)	2600m			5:57.45 (57.3)
			3000m	5:58.61	(48.8)	3000m			6:53.74 (56.3)

		Naam		Cat		PR		Tijd	Info
28	gl	60	<b>Anastasia Wigg</b>		DN4			<b>6:25.63</b>	
	bl	8	<b>Philippa Draper</b>		DC2			<b>7:50.54</b>	FL
			<b>Anastasia Wigg</b>				<b>Philippa Draper</b>		
			200m	27.54	(27.5)	200m			26.70 (26.7)
			600m	1:11.76	(44.2)	600m			1:10.60 (43.9)
			1000m	1:59.27	(47.5)	1000m			2:00.74 (50.1)
			1400m	2:50.52	(51.3)	1400m			3:09.75 (69.0)
			1800m	3:43.65	(53.1)	1800m			4:12.27 (62.5)
			2200m	4:38.95	(55.3)	2200m			5:26.13 (73.9)
			2600m	5:32.97	(54.0)	2600m			6:32.84 (66.7)
			3000m	6:25.63	(52.7)	3000m			7:50.54 (77.7)

		Naam			Cat	PR	Tijd	Info
29	wt	15	<b>Elma Ouwehand</b>		DSA	5:17.43	<b>5:18.44</b>	
	rd	37	<b>Ellia Smeding</b>		DN2	4:28.74	<b>4:47.59</b>	
		<b>Elma Ouwehand</b>			<b>Ellia Smeding</b>			
		200m	23.34	(23.3)	200m	23.19	(23.1)	
		600m	1:02.19	(38.8)	600m	58.29	(35.1)	
		1000m	1:43.13	(41.0)	1000m	1:34.16	(35.9)	
		1400m	2:24.85	(41.7)	1400m	2:11.48	(37.3)	
		1800m	3:07.42	(42.6)	1800m	2:49.36	(37.9)	
		2200m	3:50.91	(43.5)	2200m	3:28.48	(39.1)	
		2600m	4:34.93	(44.0)	2600m	4:08.21	(39.8)	
		3000m	5:18.44	(43.5)	3000m	4:47.59	(39.3)	

		Naam			Cat	PR	Tijd	Info
30	gl	55	<b>Sabrina Gaudesaboos</b>		DSA		<b>5:23.85</b>	
	bl	58	<b>Koen Kersten</b>		HN4		<b>4:59.84</b>	
		<b>Sabrina Gaudesaboos</b>			<b>Koen Kersten</b>			
		200m	25.11	(25.1)	200m	23.39	(23.3)	
		600m	1:05.11	(40.0)	600m	58.99	(35.6)	
		1000m	1:46.24	(41.1)	1000m	1:35.99	(37.0)	
		1400m	2:29.10	(42.9)	1400m	2:15.56	(39.6)	
		1800m	3:12.01	(42.9)	1800m	2:56.18	(40.6)	
		2200m	3:56.13	(44.1)	2200m	3:36.91	(40.8)	
		2600m	4:40.05	(43.9)	2600m	4:18.19	(41.2)	
		3000m	5:23.85	(43.8)	3000m	4:59.84	(41.7)	

		Naam			Cat	PR	Tijd	Info
31	wt	32 <b>David Smith</b>			H50	5:15.93	<b>5:43.35</b>	
	rd	47 <b>Mike Ridley</b>			H55		<b>5:54.09</b>	
		<b>David Smith</b>			<b>Mike Ridley</b>			
		200m	25.34	(25.3)	200m	29.14	(29.1)	
		600m	1:07.73	(42.4)	600m	1:16.53	(47.4)	
		1000m	1:51.58	(43.8)	1000m	2:02.83	(46.3)	
		1400m	2:37.04	(45.5)	1400m	2:49.82	(47.0)	
		1800m	3:23.26	(46.2)	1800m	3:35.81	(46.0)	
		2200m	4:10.42	(47.2)	2200m	4:22.07	(46.2)	
		2600m	4:58.23	(47.8)	2600m	5:08.70	(46.7)	
		3000m	5:43.35	(45.1)	3000m	5:54.09	(45.3)	

		Naam			Cat	PR	Tijd	Info
32	gl	6 <b>Johanco Veldsman</b>			HA1	5:22.70	<b>5:22.83</b>	
	bl	23 <b>Tom Harris</b>			HB2	5:21.38	<b>5:11.99</b>	PR
		<b>Johanco Veldsman</b>			<b>Tom Harris</b>			
		200m	24.26	(24.2)	200m	24.39	(24.3)	
		600m	1:02.41	(38.2)	600m	1:03.37	(39.0)	
		1000m	1:41.49	(39.0)	1000m	1:42.37	(39.0)	
		1400m	2:23.42	(42.0)	1400m	2:23.36	(41.0)	
		1800m	3:06.52	(43.1)	1800m	3:06.12	(42.8)	
		2200m	3:50.70	(44.2)	2200m	3:48.57	(42.4)	
		2600m	4:36.43	(45.7)	2600m	4:31.01	(42.5)	
		3000m	5:22.83	(46.4)	3000m	5:11.99	(40.9)	

		Naam	Cat		PR	Tijd	Info
33	wt	28 <b>Jef Mariën</b>	HA1		4:33.02	<b>4:34.66</b>	
	rd	36 <b>Mathias Catteeuw</b>	HSA			<b>5:26.44</b>	
		<b>Jef Mariën</b>			<b>Mathias Catteeuw</b>		
		200m	21.51	(21.5)	200m	22.16	(22.1)
		600m	55.81	(34.3)	600m	59.81	(37.7)
		1000m	1:30.39	(34.5)	1000m	1:40.68	(40.8)
		1400m	2:06.38	(36.0)	1400m	2:24.05	(43.4)
		1800m	2:42.94	(36.6)	1800m	3:08.34	(44.3)
		2200m	3:20.19	(37.2)	2200m	3:53.97	(45.6)
		2600m	3:57.25	(37.1)	2600m	4:40.23	(46.3)
		3000m	4:34.66	(37.4)	3000m	5:26.44	(46.2)

		Naam	Cat		PR	Tijd	Info
34	gl	10 <b>Gert Coone</b>	H45			<b>6:22.56</b>	
	bl	27 <b>Walter Mariën</b>	H50		5:18.38	<b>5:24.28</b>	
		<b>Gert Coone</b>			<b>Walter Mariën</b>		
		200m	30.48	(30.4)	200m	25.01	(25.0)
		600m	1:19.59	(49.1)	600m	1:04.50	(39.5)
		1000m	2:08.17	(48.6)	1000m	1:46.60	(42.1)
		1400m	2:57.67	(49.5)	1400m	2:29.39	(42.7)
		1800m	3:47.59	(49.9)	1800m	3:12.34	(43.0)
		2200m	4:38.65	(51.1)	2200m	3:56.38	(44.0)
		2600m	5:30.75	(52.1)	2600m	4:40.55	(44.2)
		3000m	6:22.56	(51.8)	3000m	5:24.28	(43.7)

		Naam		Cat		PR	Tijd	Info
35	wt	31 Erik Krijnen		H50			<b>8:34.46</b>	FL
	rd	45 Azamat Ismailov		H40		4:46.37	<b>5:04.61</b>	
<b>Erik Krijnen</b>			<b>Azamat Ismailov</b>					
		200m	34.90	(34.9)		200m	22.16	(22.1)
		600m	1:37.57	(62.6)		600m	57.93	(35.8)
		1000m	2:41.43	(63.9)		1000m	1:35.78	(37.8)
		1400m	3:48.42	(67.0)		1400m	2:15.24	(39.5)
		1800m	4:57.56	(69.1)		1800m	2:55.86	(40.6)
		2200m	6:11.19	(73.6)		2200m	3:37.99	(42.1)
		2600m	7:25.04	(73.9)		2600m	4:21.10	(43.2)
		3000m	8:34.46	(69.4)		3000m	5:04.61	(43.5)

## 3. Uitslag 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	34 Cornelius Kersten	HSA	39	I	1:59.23		
2	56 Bram van Schie	HSA	46	I	2:02.61		
3	38 Gemma Cooper	DSB	38	I	2:14.17		
4	58 Koen Kersten	HN4	46	O	2:24.00	PR	
5	33 Lotte Jongema	DN4	43	I	2:24.47		
6	6 Johanco Veldsman	HA1	41	I	2:28.17		
7	36 Mathias Catteeuw	HSA	44	I	2:29.30		
8	23 Tom Harris	HB2	42	O	2:31.37	PR	
9	12 Anton Carter	H40	40	I	2:31.94		
10	29 Mike McInnerney	H45	39	O	2:35.71		
11	55 Sabrina Gaudesaboos	DSA	43	O	2:38.48		
12	32 David Smith	H50	40	O	2:40.01		
13	3 Andrej Kwadrin	HSB	44	O	2:42.87		
14	43 Charline Kwadrin	DPB	47	I	2:54.31	PR	
15	10 Gert Coone	H45	45	I	2:56.65		
16	60 Anastasia Wigg	DN4	49	O	3:06.08		
17	13 Paul Connaghton	H50	41	O	3:06.56		
18	20 Peter Carter	H70	42	I	3:07.45		
19	8 Philippa Draper	DC2	37	I	3:08.93		
20	21 Clare UPTON	D50	36	I	3:10.05		
21	9 Hannah Grant	DA1	38	O	3:11.48		
22	31 Erik Krijnen	H50	45	O	3:48.25		
23	39 Abby Keable	DSA	36	O	3:54.69		
24	22 Tom Smith	HPB	48	O	3:55.18		
	4 Joseph Armstrong	HPB	48	I	DNF		
	1 Alexandra Snowdon	DPB	49	I	DNF		
	30 Lucy McInnerney	DB2	37	O	DNS		

## 3. Rituitslag 1500 meter

		Naam	Cat		PR	Tijd	Info
36	wt	21 <b>Clare UPTON</b>	D50		2:56.28	<b>3:10.05</b>	
	rd	39 <b>Abby Keable</b>	DSA			<b>3:54.69</b>	
		<b>Clare UPTON</b>		<b>Abby Keable</b>			
		300m	39.30	(39.3)	300m	44.75	(44.7)
		700m	1:27.65	(48.3)	700m	1:43.80	(59.1)
		1100m	2:18.60	(51.0)	1100m	2:49.50	(65.7)
		1500m	3:10.05	(51.4)	1500m	3:54.69	(65.1)
		Naam	Cat		PR	Tijd	Info
37	gl	8 <b>Philippa Draper</b>	DC2			<b>3:08.93</b>	
	bl	30 <b>Lucy McInnerney</b>	DB2			<b>DNS</b>	
		<b>Philippa Draper</b>		<b>Lucy McInnerney</b>			
		300m	38.26	(38.2)			
		700m	1:24.17	(45.9)			
		1100m	2:14.61	(50.5)			
		1500m	3:08.93	(54.3)			
		Naam	Cat		PR	Tijd	Info
38	wt	38 <b>Gemma Cooper</b>	DSB		2:07.73	<b>2:14.17</b>	
	rd	9 <b>Hannah Grant</b>	DA1		2:51.81	<b>3:11.48</b>	
		<b>Gemma Cooper</b>		<b>Hannah Grant</b>			
		300m	29.80	(29.8)	300m	37.24	(37.2)
		700m	1:02.98	(33.1)	700m	1:26.23	(49.0)
		1100m	1:38.17	(35.2)	1100m	2:18.93	(52.7)
		1500m	2:14.17	(36.0)	1500m	3:11.48	(52.5)
		Naam	Cat		PR	Tijd	Info
39	gl	34 <b>Cornelius Kersten</b>	HSA		1:48.69	<b>1:59.23</b>	
	bl	29 <b>Mike McInnerney</b>	H45			<b>2:35.71</b>	
		<b>Cornelius Kersten</b>		<b>Mike McInnerney</b>			
		300m	25.96	(25.9)	300m	33.64	(33.6)
		700m	56.23	(30.3)	700m	1:13.89	(40.2)
		1100m	1:27.44	(31.2)	1100m	1:54.33	(40.5)
		1500m	1:59.23	(31.8)	1500m	2:35.71	(41.4)



		Naam	Cat		PR	Tijd	Info
40	wt	12 <b>Anton Carter</b>	H40		2:27.32	<b>2:31.94</b>	
	rd	32 <b>David Smith</b>	H50		2:24.95	<b>2:40.01</b>	
		<b>Anton Carter</b>			<b>David Smith</b>		
		300m	32.81	(32.8)	300m	33.37	(33.3)
		700m	1:10.71	(37.9)	700m	1:12.93	(39.6)
		1100m	1:50.55	(39.8)	1100m	1:56.31	(43.4)
		1500m	2:31.94	(41.4)	1500m	2:40.01	(43.7)
		Naam	Cat		PR	Tijd	Info
41	gl	6 <b>Johanco Veldsman</b>	HA1		2:24.10	<b>2:28.17</b>	
	bl	13 <b>Paul Connaghton</b>	H50		2:38.74	<b>3:06.56</b>	
		<b>Johanco Veldsman</b>			<b>Paul Connaghton</b>		
		300m	31.19	(31.1)	300m	38.09	(38.0)
		700m	1:06.86	(35.7)	700m	1:24.73	(46.7)
		1100m	1:46.49	(39.6)	1100m	2:14.61	(49.9)
		1500m	2:28.17	(41.7)	1500m	3:06.56	(51.9)
		Naam	Cat		PR	Tijd	Info
42	wt	20 <b>Peter Carter</b>	H70			<b>3:07.45</b>	
	rd	23 <b>Tom Harris</b>	HB2		2:31.59	<b>2:31.37</b>	PR
		<b>Peter Carter</b>			<b>Tom Harris</b>		
		300m	36.43	(36.4)	300m	31.55	(31.5)
		700m	1:22.28	(45.8)	700m	1:09.27	(37.7)
		1100m	2:13.16	(50.9)	1100m	1:49.51	(40.3)
		1500m	3:07.45	(54.3)	1500m	2:31.37	(41.8)
		Naam	Cat		PR	Tijd	Info
43	gl	33 <b>Lotte Jongema</b>	DN4		2:16.32	<b>2:24.47</b>	
	bl	55 <b>Sabrina Gaudesaboos</b>	DSA			<b>2:38.48</b>	
		<b>Lotte Jongema</b>			<b>Sabrina Gaudesaboos</b>		
		300m	30.48	(30.4)	300m	33.83	(33.8)
		700m	1:06.72	(36.3)	700m	1:13.22	(39.4)
		1100m	1:44.84	(38.1)	1100m	1:55.22	(42.0)
		1500m	2:24.47	(39.6)	1500m	2:38.48	(43.2)

		Naam			Cat	PR	Tijd	Info
44	wt	36	<b>Mathias Catteeuw</b>		HSA	2:27.07	<b>2:29.30</b>	
	rd	3	<b>Andrej Kwadrin</b>		HSB	2:39.91	<b>2:42.87</b>	
		<b>Mathias Catteeuw</b>			<b>Andrej Kwadrin</b>			
		300m	29.92	(29.9)	300m	33.90	(33.9)	
		700m	1:06.84	(36.9)	700m	1:14.60	(40.7)	
		1100m	1:47.14	(40.3)	1100m	1:57.85	(43.2)	
		1500m	2:29.30	(42.2)	1500m	2:42.87	(45.0)	
		Naam			Cat	PR	Tijd	Info
45	gl	10	<b>Gert Coone</b>		H45		<b>2:56.65</b>	
	bl	31	<b>Erik Krijnen</b>		H50		<b>3:48.25</b>	
		<b>Gert Coone</b>			<b>Erik Krijnen</b>			
		300m	37.95	(37.9)	300m	45.98	(45.9)	
		700m	1:23.22	(45.3)	700m	1:43.91	(58.0)	
		1100m	2:09.50	(46.3)	1100m	2:45.66	(61.7)	
		1500m	2:56.65	(47.1)	1500m	3:48.25	(62.6)	
		Naam			Cat	PR	Tijd	Info
46	wt	56	<b>Bram van Schie</b>		HSA	1:52.65	<b>2:02.61</b>	
	rd	58	<b>Koen Kersten</b>		HN4	2:26.59	<b>2:24.00</b>	PR
		<b>Bram van Schie</b>			<b>Koen Kersten</b>			
		300m	26.34	(26.3)	300m	28.71	(28.7)	
		700m	56.80	(30.5)	700m	1:03.25	(34.5)	
		1100m	1:28.74	(31.9)	1100m	1:43.21	(40.0)	
		1500m	2:02.61	(33.9)	1500m	2:24.00	(40.8)	
		Naam			Cat	PR	Tijd	Info
47	gl	43	<b>Charline Kwadrin</b>		DPB	2:58.29	<b>2:54.31</b>	PR
	bl							
		<b>Charline Kwadrin</b>						
		300m	35.04	(35.0)	m			
		700m	1:20.61	(45.6)				
		1100m	2:08.02	(47.4)				
		1500m	2:54.31	(46.3)				

		Naam			Cat			PR	Tijd	Info
48	wt	4	<b>Joseph Armstrong</b>		HPB					<b>DNF</b>
	rd	22	<b>Tom Smith</b>		HPB					<b>3:55.18</b>
		<b>Joseph Armstrong</b>			<b>Tom Smith</b>					
		300m	38.32	(38.3)	300m	45.34	(45.3)			
		700m	1:33.11	(54.8)	700m	1:45.11	(59.8)			
					1100m	2:50.49	(65.3)			
					1500m	3:55.18	(64.7)			
		Naam			Cat			PR	Tijd	Info
49	gl	1	<b>Alexandra Snowdon</b>		DPB			2:44.23		<b>DNF</b>
	bl	60	<b>Anastasia Wigg</b>		DN4					<b>3:06.08</b>
		<b>Alexandra Snowdon</b>			<b>Anastasia Wigg</b>					
		300m	32.12	(32.1)	300m	37.88	(37.8)			
		700m	3:01.15	(149.0)	700m	1:22.70	(44.9)			
					1100m	2:12.81	(50.1)			
					1500m	3:06.08	(53.2)			

## 4. Uitslag 5000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	38 Gemma Cooper	DSB	50	O	8:10.35		
2	17 Emil Nielsen	HSA	49	O	8:33.80		
3	7 Peter Carr	H45	50	I	8:40.70		
4	29 Mike McInnerney	H45	51	O	8:46.07		
5	2 Daniel Yeow	HSB	49	I	8:51.91		
6	11 Thomas Fell	HSB	51	I	10:09.95		
7	21 Clare UPTON	D50	52	I	11:24.18		
8	48 Shannon Gray-Buffey	D40	52	O	11:50.12		

## 4. Rituitslag 5000 meter

		Naam			Cat	PR	Tijd	Info
49	wt	2 <b>Daniel Yeow</b>			HSB		<b>8:51.91</b>	
	rd	17 <b>Emil Nielsen</b>			HSA		<b>8:33.80</b>	
		<b>Daniel Yeow</b>			<b>Emil Nielsen</b>			
		200m	22.00	(22.0)	200m	20.42	(20.4)	
		600m	58.62	(36.6)	600m	56.40	(36.0)	
		1000m	1:37.26	(38.6)	1000m	1:35.38	(38.9)	
		1400m	2:17.31	(40.1)	1400m	2:15.09	(39.7)	
		1800m	2:57.71	(40.4)	1800m	2:55.12	(40.1)	
		2200m	3:39.02	(41.3)	2200m	3:35.74	(40.6)	
		2600m	4:20.73	(41.7)	2600m	4:17.17	(41.4)	
		3000m	5:04.04	(43.3)	3000m	4:59.13	(42.0)	
		3400m	5:49.43	(45.4)	3400m	5:40.90	(41.8)	
		3800m	6:34.55	(45.1)	3800m	6:23.68	(42.7)	
		4200m	7:20.40	(45.9)	4200m	7:07.01	(43.4)	
		4600m	8:06.35	(45.9)	4600m	7:51.64	(44.6)	
		5000m	8:51.91	(45.6)	5000m	8:33.80	(42.2)	

		Naam			Cat	PR	Tijd	Info
50	gl	7 <b>Peter Carr</b>			H45	8:22.45	<b>8:40.70</b>	
	bl	38 <b>Gemma Cooper</b>			DSB	7:42.40	<b>8:10.35</b>	
		<b>Peter Carr</b>			<b>Gemma Cooper</b>			
		200m	23.18	(23.1)	200m	23.12	(23.1)	
		600m	1:01.06	(37.9)	600m	1:00.24	(37.1)	
		1000m	1:39.51	(38.5)	1000m	1:38.39	(38.1)	
		1400m	2:18.80	(39.3)	1400m	2:16.70	(38.4)	
		1800m	3:00.27	(41.4)	1800m	2:54.99	(38.2)	
		2200m	3:41.66	(41.4)	2200m	3:33.66	(38.7)	
		2600m	4:24.43	(42.8)	2600m	4:13.46	(39.8)	
		3000m	5:06.69	(42.2)	3000m	4:53.55	(40.1)	
		3400m	5:49.00	(42.4)	3400m	5:33.97	(40.4)	
		3800m	6:31.18	(42.1)	3800m	6:14.46	(40.5)	
		4200m	7:14.46	(43.3)	4200m	6:53.89	(39.4)	
		4600m	7:58.16	(43.7)	4600m	7:33.02	(39.2)	
		5000m	8:40.70	(42.6)	5000m	8:10.35	(37.3)	

		Naam			Cat	PR	Tijd	Info
51	wt	11 <b>Thomas Fell</b>			HSB	9:26.41	<b>10:09.95</b>	
	rd	29 <b>Mike McInnerney</b>			H45		<b>8:46.07</b>	
		<b>Thomas Fell</b>			<b>Mike McInnerney</b>			
		200m	25.70	(25.7)	200m	25.09	(25.0)	
		600m	1:05.96	(40.2)	600m	1:06.15	(41.1)	
		1000m	1:49.08	(43.1)	1000m	1:47.66	(41.5)	
		1400m	2:34.62	(45.6)	1400m	2:29.41	(41.8)	
		1800m	3:20.94	(46.3)	1800m	3:10.71	(41.3)	
		2200m	4:09.01	(48.1)	2200m	3:52.01	(41.3)	
		2600m	4:59.22	(50.2)	2600m	4:33.89	(41.8)	
		3000m	5:50.05	(50.8)	3000m	5:16.06	(42.2)	
		3400m	6:42.20	(52.2)	3400m	5:57.94	(41.9)	
		3800m	7:33.95	(51.7)	3800m	6:40.05	(42.1)	
		4200m	8:27.39	(53.4)	4200m	7:22.28	(42.2)	
		4600m	9:18.75	(51.4)	4600m	8:04.38	(42.1)	
		5000m	10:09.95	(51.2)	5000m	8:46.07	(41.7)	

		Naam			Cat	PR	Tijd	Info
52	gl	21 <b>Clare UPTON</b>			D50	10:13.34	<b>11:24.18</b>	
	bl	48 <b>Shannon Gray-Buffey</b>			D40	10:41.51	<b>11:50.12</b>	
		<b>Clare UPTON</b>			<b>Shannon Gray-Buffey</b>			
		200m	28.86	(28.8)	200m	26.97	(26.9)	
		600m	1:18.63	(49.8)	600m	1:15.26	(48.3)	
		1000m	2:12.53	(53.9)	1000m	2:11.82	(56.6)	
		1400m	3:05.87	(53.3)	1400m	3:05.22	(53.4)	
		1800m	3:59.40	(53.6)	1800m	4:00.93	(55.7)	
		2200m	4:54.66	(55.2)	2200m	4:59.26	(58.3)	
		2600m	5:50.02	(55.4)	2600m	5:55.65	(56.4)	
		3000m	6:46.10	(56.1)	3000m	6:53.47	(57.8)	
		3400m	7:41.73	(55.6)	3400m	7:51.67	(58.2)	
		3800m	8:37.59	(55.8)	3800m	8:53.41	(61.8)	
		4200m	9:33.72	(56.2)	4200m	9:54.13	(60.7)	
		4600m	10:31.43	(57.7)	4600m	10:53.51	(59.4)	
		5000m	11:24.18	(52.7)	5000m	11:50.12	(56.6)	

## 5. Uitslag 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	34 Cornelius Kersten	HSA	63	I	1:17.28		
2	35 Jonathan Schildermans	HN2	68	I	1:20.89		
3	26 Gijs Luijten	HB1	70	I	1:26.03		
4	37 Ellia Smeding	DN2	61	O	1:27.16		
5	28 Jef Mariën	HA1	69	O	1:28.32		
6	57 Koen Lippens	HSB	72	I	1:28.73		
7	6 Johanco Veldsman	HA1	63	O	1:29.77	PR	
8	14 Solomon Prempeh	HB2	68	O	1:35.82		
9	12 Anton Carter	H40	65	I	1:36.15		
10	36 Mathias Catteeuw	HSA	69	I	1:36.65		
11	15 Elma Ouwehand	DSA	62	O	1:37.26		
12	23 Tom Harris	HB2	66	O	1:37.87		
13	29 Mike McInnerney	H45	64	I	1:38.38		
14	32 David Smith	H50	64	O	1:40.77		
15	27 Walter Mariën	H50	71	I	1:41.81		
16	55 Sabrina Gaudesaboos	DSA	61	I	1:42.68		
17	41 Evy September	DSB	62	I	1:46.41		
18	19 Tanith Turner	DA2	60	I	1:47.55		
19	16 Harmen Ouwehand	HC2	70	O	1:49.83	PR	
20	43 Charline Kwadrin	DPB	53	I	1:50.93		
21	1 Alexandra Snowdon	DPB	53	O	1:52.44		
22	47 Mike Ridley	H55	65	O	1:54.10		
23	60 Anastasia Wigg	DN4	73	I	1:57.77		
24	8 Philippa Draper	DC2	59	O	1:57.93		
25	20 Peter Carter	H70	66	I	2:00.79		
26	9 Hannah Grant	DA1	60	O	2:03.56		
27	4 Joseph Armstrong	HPB	55	O	2:06.61		
28	21 Clare UPTON	D50	59	I	2:08.97		
29	18 Dante Dahlili	HPC	56	O	2:10.52		
30	49 Savi Buffey	DPD	54	I	2:11.76		
31	30 Lucy McInnerney	DB2	58	I	2:13.48		
32	48 Shannon Gray-Buffey	D40	54	O	2:15.20		
33	39 Abby Keable	DSA	58	O	2:19.84		
34	51 Samuel Surguy	HPC	56	I	2:21.11		
35	50 Cohen Buffey	HPF	57	I	2:23.98		
36	44 Mark Coates Kwadrin	H55	67	I	2:28.39		
37	22 Tom Smith	HPB	55	I	2:28.70	PR	
38	31 Erik Krijnen	H50	71	O	2:29.00		

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
39	54 Luke Burton	HPC	57	0	2:38.01		
	40 Steven Randall	H60	67	0	DQ		
	58 Koen Kersten	HN4			WDR		



## 5. Rituitslag 1000 meter

		Naam	Cat	PR	Tijd	Info
53	wt	43 <b>Charline Kwadrin</b>	DPB	1:49.84	<b>1:50.93</b>	
	rd	1 <b>Alexandra Snowdon</b>	DPB	1:42.18	<b>1:52.44</b>	

### Charline Kwadrin

200m	24.80	(24.8)
600m	1:06.24	(41.4)
1000m	1:50.93	(44.7)

### Alexandra Snowdon

200m	23.90	(23.9)
600m	1:04.43	(40.5)
1000m	1:52.44	(48.0)

		Naam	Cat	PR	Tijd	Info
54	gl	49 <b>Savi Buffey</b>	DPD		<b>2:11.76</b>	
	bl	48 <b>Shannon Gray-Buffey</b>	D40	2:05.53	<b>2:15.20</b>	

### Savi Buffey

200m	27.40	(27.4)
600m	1:18.30	(50.9)
1000m	2:11.76	(53.4)

### Shannon Gray-Buffey

200m	28.04	(28.0)
600m	1:18.66	(50.6)
1000m	2:15.20	(56.6)

		Naam	Cat	PR	Tijd	Info
55	wt	22 <b>Tom Smith</b>	HPB	2:37.44	<b>2:28.70</b>	PR
	rd	4 <b>Joseph Armstrong</b>	HPB	2:06.37	<b>2:06.61</b>	

### Tom Smith

200m	31.58	(31.5)
600m	1:30.65	(59.1)
1000m	2:28.70	(58.1)

### Joseph Armstrong

200m	26.40	(26.4)
600m	1:15.66	(49.2)
1000m	2:06.61	(51.0)

		Naam	Cat	PR	Tijd	Info
56	gl	51 <b>Samuel Surguy</b>	HPC		<b>2:21.11</b>	
	bl	18 <b>Dante Dahlili</b>	HPC		<b>2:10.52</b>	

### Samuel Surguy

200m	29.94	(29.9)
600m	1:23.33	(53.4)
1000m	2:21.11	(57.8)

### Dante Dahlili

200m	26.30	(26.3)
600m	1:16.97	(50.6)
1000m	2:10.52	(53.6)

		Naam			Cat	PR	Tijd	Info
57	wt	50	<b>Cohen Buffey</b>		HPF		<b>2:23.98</b>	
	rd	54	<b>Luke Burton</b>		HPC		<b>2:38.01</b>	
		<b>Cohen Buffey</b>			<b>Luke Burton</b>			
		200m	29.26	(29.2)	200m	32.24	(32.2)	
		600m	1:24.71	(55.5)	600m	1:34.44	(62.2)	
		1000m	2:23.98	(59.2)	1000m	2:38.01	(63.6)	

		Naam			Cat	PR	Tijd	Info
58	gl	30	<b>Lucy McInnerney</b>		DB2		<b>2:13.48</b>	
	bl	39	<b>Abby Keable</b>		DSA		<b>2:19.84</b>	
		<b>Lucy McInnerney</b>			<b>Abby Keable</b>			
		200m	28.40	(28.4)	200m	29.39	(29.3)	
		600m	1:18.62	(50.2)	600m	1:20.92	(51.6)	
		1000m	2:13.48	(54.8)	1000m	2:19.84	(58.9)	

		Naam			Cat	PR	Tijd	Info
59	wt	21	<b>Clare UPTON</b>		D50	1:52.61	<b>2:08.97</b>	
	rd	8	<b>Philippa Draper</b>		DC2		<b>1:57.93</b>	
		<b>Clare UPTON</b>			<b>Philippa Draper</b>			
		200m	28.76	(28.7)	200m	26.65	(26.6)	
		600m	1:17.07	(48.3)	600m	1:09.65	(43.0)	
		1000m	2:08.97	(51.9)	1000m	1:57.93	(48.3)	

		Naam			Cat	PR	Tijd	Info
60	gl	19	<b>Tanith Turner</b>		DA2		<b>1:47.55</b>	
	bl	9	<b>Hannah Grant</b>		DA1	1:46.63	<b>2:03.56</b>	
		<b>Tanith Turner</b>			<b>Hannah Grant</b>			
		200m	24.13	(24.1)	200m	26.78	(26.7)	
		600m	1:04.67	(40.5)	600m	1:13.43	(46.7)	
		1000m	1:47.55	(42.9)	1000m	2:03.56	(50.1)	

		Naam			Cat	PR	Tijd	Info
61	wt	55	<b>Sabrina Gaudesaboos</b>		DSA		<b>1:42.68</b>	
	rd	37	<b>Ellia Smeding</b>		DN2	1:18.63	<b>1:27.16</b>	
		<b>Sabrina Gaudesaboos</b>			<b>Ellia Smeding</b>			
		200m	23.86	(23.8)	200m	20.53	(20.5)	
		600m	1:02.01	(38.2)	600m	52.47	(31.9)	
		1000m	1:42.68	(40.6)	1000m	1:27.16	(34.7)	

		Naam			Cat	PR	Tijd	Info
62	gl	41	<b>Evy September</b>		DSB	1:45.14	<b>1:46.41</b>	
	bl	15	<b>Elma Ouwehand</b>		DSA	1:32.57	<b>1:37.26</b>	
		<b>Evy September</b>			<b>Elma Ouwehand</b>			
		200m	24.96	(24.9)	200m	22.35	(22.3)	
		600m	1:05.04	(40.1)	600m	58.56	(36.2)	
		1000m	1:46.41	(41.4)	1000m	1:37.26	(38.7)	

		Naam			Cat	PR	Tijd	Info
63	wt	34	<b>Cornelius Kersten</b>		HSA	1:09.97	<b>1:17.28</b>	
	rd	6	<b>Johanco Veldsman</b>		HA1	1:32.38	<b>1:29.77</b>	PR
		<b>Cornelius Kersten</b>			<b>Johanco Veldsman</b>			
		200m	18.18	(18.1)	200m	21.13	(21.1)	
		600m	46.92	(28.8)	600m	54.15	(33.0)	
		1000m	1:17.28	(30.3)	1000m	1:29.77	(35.6)	

		Naam			Cat	PR	Tijd	Info
64	gl	29	<b>Mike McInerney</b>		H45		<b>1:38.38</b>	
	bl	32	<b>David Smith</b>		H50	1:36.17	<b>1:40.77</b>	
		<b>Mike McInerney</b>			<b>David Smith</b>			
		200m	22.65	(22.6)	200m	23.01	(23.0)	
		600m	59.87	(37.2)	600m	1:00.01	(37.0)	
		1000m	1:38.38	(38.5)	1000m	1:40.77	(40.7)	

		Naam	Cat		PR	Tijd	Info
65	wt	12 <b>Anton Carter</b>	H40		1:32.91	<b>1:36.15</b>	
	rd	47 <b>Mike Ridley</b>	H55			<b>1:54.10</b>	
		<b>Anton Carter</b>			<b>Mike Ridley</b>		
		200m	22.92	(22.9)	200m	26.91	(26.9)
		600m	58.61	(35.7)	600m	1:10.22	(43.3)
		1000m	1:36.15	(37.5)	1000m	1:54.10	(43.9)

		Naam	Cat		PR	Tijd	Info
66	gl	20 <b>Peter Carter</b>	H70			<b>2:00.79</b>	
	bl	23 <b>Tom Harris</b>	HB2		1:37.71	<b>1:37.87</b>	
		<b>Peter Carter</b>			<b>Tom Harris</b>		
		200m	26.23	(26.2)	200m	22.50	(22.5)
		600m	1:11.05	(44.8)	600m	59.53	(37.0)
		1000m	2:00.79	(49.7)	1000m	1:37.87	(38.3)

		Naam	Cat		PR	Tijd	Info
67	wt	44 <b>Mark Coates Kwadrin</b>	H55			<b>2:28.39</b>	
	rd	40 <b>Steven Randall</b>	H60			<b>DQ</b>	
		<b>Mark Coates Kwadrin</b>			<b>Steven Randall</b>		
		200m	34.56	(34.5)	200m	40.62	(40.6)
		600m	1:31.45	(56.9)	600m	1:52.56	(71.9)
		1000m	2:28.39	(56.9)	1000m	3:05.59	(73.0)

		Naam	Cat		PR	Tijd	Info
68	gl	35 <b>Jonathan Schildermans</b>	HN2		1:17.42	<b>1:20.89</b>	
	bl	14 <b>Solomon Prempeh</b>	HB2			<b>1:35.82</b>	
		<b>Jonathan Schildermans</b>			<b>Solomon Prempeh</b>		
		200m	19.04	(19.0)	200m	21.92	(21.9)
		600m	48.91	(29.9)	600m	56.63	(34.7)
		1000m	1:20.89	(31.9)	1000m	1:35.82	(39.2)

		Naam			Cat	PR	Tijd	Info
69	wt	36	<b>Mathias Catteeuw</b>		HSA		<b>1:36.65</b>	
	rd	28	<b>Jef Mariën</b>		HA1	1:26.00	<b>1:28.32</b>	
		<b>Mathias Catteeuw</b>			<b>Jef Mariën</b>			
		200m	21.55	(21.5)	200m	20.97	(20.9)	
		600m	58.16	(36.6)	600m	53.92	(33.0)	
		1000m	1:36.65	(38.5)	1000m	1:28.32	(34.4)	

		Naam			Cat	PR	Tijd	Info
70	gl	26	<b>Gijs Luijten</b>		HB1	1:19.36	<b>1:26.03</b>	
	bl	16	<b>Harmen Ouwehand</b>		HC2	2:06.48	<b>1:49.83</b>	PR
		<b>Gijs Luijten</b>			<b>Harmen Ouwehand</b>			
		200m	19.63	(19.6)	200m	24.25	(24.2)	
		600m	51.45	(31.8)	600m	1:05.59	(41.3)	
		1000m	1:26.03	(34.6)	1000m	1:49.83	(44.3)	

		Naam			Cat	PR	Tijd	Info
71	wt	27	<b>Walter Mariën</b>		H50	1:38.70	<b>1:41.81</b>	
	rd	31	<b>Erik Krijnen</b>		H50		<b>2:29.00</b>	
		<b>Walter Mariën</b>			<b>Erik Krijnen</b>			
		200m	22.86	(22.8)	200m	32.92	(32.9)	
		600m	59.95	(37.1)	600m	1:30.44	(57.5)	
		1000m	1:41.81	(41.9)	1000m	2:29.00	(58.6)	

		Naam			Cat	PR	Tijd	Info
72	gl	57	<b>Koen Lippens</b>		HSB	1:22.39	<b>1:28.73</b>	
	bl	58	<b>Koen Kersten</b>		HN4	1:33.68	<b>WDR</b>	
		<b>Koen Lippens</b>			<b>Koen Kersten</b>			
		200m	19.17	(19.1)				
		600m	51.46	(32.3)				
		1000m	1:28.73	(37.3)				

		Naam	Cat	PR	Tijd	Info
73	wt rd	60 Anastasia Wigg	DN4		1:57.77	
<b>Anastasia Wigg</b>						
		200m	26.16 (26.1)			m
		600m	1:09.41 (43.3)			
		1000m	1:57.77 (48.3)			

## 6. Uitslag 100 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	57 Koen Lippens	HSB	17	I	10.90		
2	2 Daniel Yeow	HSB	14	I	11.55		
3	45 Azamat Ismailov	H40	15	I	11.61	PR	
4	14 Solomon Prempeh	HB2	11	O	11.79		
5	6 Johanco Veldsman	HA1	10	O	12.04	PR	
6	23 Tom Harris	HB2	12	I	12.49		
7	33 Lotte Jongema	DN4	16	I	12.51		
8	1 Alexandra Snowdon	DPB	1	I	12.88	PR	
9	32 David Smith	H50	11	I	13.33		
10	43 Charline Kwadrin	DPB	1	O	13.57	PR	
11	4 Joseph Armstrong	HPB	6	I	13.76	PR	
12	29 Mike McInnerney	H45	10	I	13.86		
13	3 Andrej Kwadrin	HSB	13	O	13.87		
14	13 Paul Connaghton	H50	12	O	14.09		
15	41 Evy September	DSB	16	O	14.11		
16	9 Hannah Grant	DA1	7	O	14.25		
17	18 Dante Dahlili	HPC	4	O	14.43		
18	30 Lucy McInnerney	DB2	8	O	14.56		
19	49 Savi Buffey	DPD	2	O	14.63		
20	8 Philippa Draper	DC2	7	I	14.65		
21	50 Cohen Buffey	HPF	4	I	15.00	PR	
22	42 Jack Kwadrin	HPE	5	O	15.32	PR	
23	54 Luke Burton	HPC	3	O	15.37		
24	39 Abby Keable	DSA	9	I	15.57		
25	25 Meredith McGaw	DPB	2	I	15.68		
26	21 Clare UPTON	D50	8	I	15.69		
27	51 Samuel Surguy	HPC	5	I	15.86	PR	
28	22 Tom Smith	HPB	6	O	15.94	PR	
29	52 Felicity Surguy	DPF	3	I	20.38		
	48 Shannon Gray-Buffey	D40	9	O	DNS		
	24 Mark McGaw	H60	13	I	DNS		
	61 Jarno Schellekens	HA2	14	O	DNS		
	17 Emil Nielsen	HSA	15	O	DNS		

## 6. Rituitslag 100 meter

		Naam		Cat		PR	Tijd	Info
1	wt	1	<b>Alexandra Snowdon</b>		DPB	13.69	<b>12.88</b>	PR
	rd	43	<b>Charline Kwadrin</b>		DPB	13.88	<b>13.57</b>	PR
			<u>Alexandra Snowdon</u>		<u>Charline Kwadrin</u>			
			100m	12.88	(12.8)	100m	13.57	(13.5)

		Naam		Cat		PR	Tijd	Info
2	gl	25	<b>Meredith McGaw</b>		DPB		<b>15.68</b>	
	bl	49	<b>Savi Buffey</b>		DPD		<b>14.63</b>	
			<u>Meredith McGaw</u>		<u>Savi Buffey</u>			
			100m	15.68	(15.6)	100m	14.63	(14.6)

		Naam		Cat		PR	Tijd	Info
3	wt	52	<b>Felicity Surguy</b>		DPF		<b>20.38</b>	
	rd	54	<b>Luke Burton</b>		HPC		<b>15.37</b>	
			<u>Felicity Surguy</u>		<u>Luke Burton</u>			
			100m	20.38	(20.3)	100m	15.37	(15.3)

		Naam		Cat		PR	Tijd	Info
4	gl	50	<b>Cohen Buffey</b>		HPF	16.40	<b>15.00</b>	PR
	bl	18	<b>Dante Dahlili</b>		HPC		<b>14.43</b>	
			<u>Cohen Buffey</u>		<u>Dante Dahlili</u>			
			100m	15.00	(15.0)	100m	14.43	(14.4)

		Naam		Cat		PR	Tijd	Info
5	wt	51	<b>Samuel Surguy</b>		HPC	15.99	<b>15.86</b>	PR
	rd	42	<b>Jack Kwadrin</b>		HPE	15.51	<b>15.32</b>	PR
			<u>Samuel Surguy</u>		<u>Jack Kwadrin</u>			
			100m	15.86	(15.8)	100m	15.32	(15.3)



		Naam		Cat		PR	Tijd	Info
6	gl	4	<b>Joseph Armstrong</b>		HPB		14.43	<b>13.76</b> PR
	bl	22	<b>Tom Smith</b>		HPB		16.12	<b>15.94</b> PR
		<u>Joseph Armstrong</u>				<u>Tom Smith</u>		
		100m	13.76	(13.7)	100m	15.94	(15.9)	

		Naam		Cat		PR	Tijd	Info
7	wt	8	<b>Philippa Draper</b>		DC2			<b>14.65</b>
	rd	9	<b>Hannah Grant</b>		DA1		13.94	<b>14.25</b>
		<u>Philippa Draper</u>				<u>Hannah Grant</u>		
		100m	14.65	(14.6)	100m	14.25	(14.2)	

		Naam		Cat		PR	Tijd	Info
8	gl	21	<b>Clare UPTON</b>		D50		14.71	<b>15.69</b>
	bl	30	<b>Lucy McInnerney</b>		DB2			<b>14.56</b>
		<u>Clare UPTON</u>				<u>Lucy McInnerney</u>		
		100m	15.69	(15.6)	100m	14.56	(14.5)	

		Naam		Cat		PR	Tijd	Info
9	wt	39	<b>Abby Keable</b>		DSA			<b>15.57</b>
	rd	48	<b>Shannon Gray-Buffey</b>		D40		14.78	<b>DNS</b>
		<u>Abby Keable</u>				<u>Shannon Gray-Buffey</u>		
		100m	15.57	(15.5)				

		Naam		Cat		PR	Tijd	Info
10	gl	29	<b>Mike McInnerney</b>		H45			<b>13.86</b>
	bl	6	<b>Johanco Veldsman</b>		HA1		12.39	<b>12.04</b> PR
		<u>Mike McInnerney</u>				<u>Johanco Veldsman</u>		
		100m	13.86	(13.8)	100m	12.04	(12.0)	

		Naam		Cat		PR	Tijd	Info
11	wt	32	<b>David Smith</b>		H50		13.05	<b>13.33</b>
	rd	14	<b>Solomon Prempeh</b>		HB2			<b>11.79</b>
		<u>David Smith</u>				<u>Solomon Prempeh</u>		
		100m	13.33	(13.3)	100m	11.79	(11.7)	

		Naam	Cat	PR	Tijd	Info
12	gl	23 <b>Tom Harris</b>	HB2		<b>12.49</b>	
	bl	13 <b>Paul Connaghton</b>	H50		<b>14.09</b>	
		<u>Tom Harris</u>				<u>Paul Connaghton</u>
		100m 12.49 (12.4)				100m 14.09 (14.0)
		Naam	Cat	PR	Tijd	Info
13	wt	24 <b>Mark McGaw</b>	H60		<b>DNS</b>	
	rd	3 <b>Andrej Kwadrin</b>	HSB		<b>13.87</b>	
		<u>Mark McGaw</u>				<u>Andrej Kwadrin</u>
						100m 13.87 (13.8)
		Naam	Cat	PR	Tijd	Info
14	gl	2 <b>Daniel Yeow</b>	HSB		<b>11.55</b>	
	bl	61 <b>Jarno Schellekens</b>	HA2	11.52	<b>DNS</b>	
		<u>Daniel Yeow</u>				<u>Jarno Schellekens</u>
		100m 11.55 (11.5)				
		Naam	Cat	PR	Tijd	Info
15	wt	45 <b>Azamat Ismailov</b>	H40	11.62	<b>11.61</b>	PR
	rd	17 <b>Emil Nielsen</b>	HSA		<b>DNS</b>	
		<u>Azamat Ismailov</u>				<u>Emil Nielsen</u>
		100m 11.61 (11.6)				
		Naam	Cat	PR	Tijd	Info
16	gl	33 <b>Lotte Jongema</b>	DN4	12.10	<b>12.51</b>	
	bl	41 <b>Evy September</b>	DSB	13.82	<b>14.11</b>	
		<u>Lotte Jongema</u>				<u>Evy September</u>
		100m 12.51 (12.5)				100m 14.11 (14.1)
		Naam	Cat	PR	Tijd	Info
17	wt	57 <b>Koen Lippens</b>	HSB	10.64	<b>10.90</b>	
	rd					
		<u>Koen Lippens</u>				
		100m 10.90 (10.9)				m

## 7. Uitslag 100 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	57 Koen Lippens	HSB	34	O	11.13		
2	61 Jarno Schellekens	HA2	31	I	11.35		
3	2 Daniel Yeow	HSB	31	O	11.40		
4	45 Azamat Ismailov	H40	32	O	11.46	PR	
5	14 Solomon Prempeh	HB2	28	I	11.47		
6	6 Johanco Veldsman	HA1	27	I	12.19		
7	23 Tom Harris	HB2	29	O	12.45		
8	33 Lotte Jongema	DN4	33	O	12.60		
9	1 Alexandra Snowdon	DPB	18	O	12.93		
10	32 David Smith	H50	28	O	13.09		
11	29 Mike McInnerney	H45	27	O	13.55		
12	43 Charline Kwadrin	DPB	18	I	13.69		
13	30 Lucy McInnerney	DB2	25	I	13.91		
14	4 Joseph Armstrong	HPB	23	O	13.92		
15	41 Evy September	DSB	33	I	14.03		
	3 Andrej Kwadrin	HSB	30	I	14.03		
17	13 Paul Connaghton	H50	29	I	14.04		
18	18 Dante Dahlili	HPC	21	I	14.29		
	49 Savi Buffey	DPD	19	I	14.29		
20	9 Hannah Grant	DA1	24	I	14.65		
21	8 Philippa Draper	DC2	24	O	14.78		
22	50 Cohen Buffey	HPF	21	O	15.11		
23	39 Abby Keable	DSA	26	O	15.21		
24	54 Luke Burton	HPC	20	I	15.36		
25	42 Jack Kwadrin	HPE	22	I	15.46		
26	51 Samuel Surguy	HPC	22	O	15.90		
27	21 Clare UPTON	D50	25	O	16.01		
28	22 Tom Smith	HPB	23	I	16.09		
29	25 Meredith McGaw	DPB	19	O	16.17		
30	52 Felicity Surguy	DPF	20	O	20.22		
	48 Shannon Gray-Buffey	D40	26	I	DNS		
	24 Mark McGaw	H60	30	O	DNS		
	17 Emil Nielsen	HSA	32	I	DNS		

## 7. Rituitslag 100 meter

		Naam	Cat	PR	Tijd	Info
18	wt	43 <b>Charline Kwadrin</b>	DPB	13.88	<b>13.69</b>	
	rd	1 <b>Alexandra Snowdon</b>	DPB	13.69	<b>12.93</b>	
		<u>Charline Kwadrin</u>			<u>Alexandra Snowdon</u>	
		100m 13.69 (13.6)			100m 12.93 (12.9)	

		Naam	Cat	PR	Tijd	Info
19	gl	49 <b>Savi Buffey</b>	DPD		<b>14.29</b>	
	bl	25 <b>Meredith McGaw</b>	DPB		<b>16.17</b>	
		<u>Savi Buffey</u>			<u>Meredith McGaw</u>	
		100m 14.29 (14.2)			100m 16.17 (16.1)	

		Naam	Cat	PR	Tijd	Info
20	wt	54 <b>Luke Burton</b>	HPC		<b>15.36</b>	
	rd	52 <b>Felicity Surguy</b>	DPF		<b>20.22</b>	
		<u>Luke Burton</u>			<u>Felicity Surguy</u>	
		100m 15.36 (15.3)			100m 20.22 (20.2)	

		Naam	Cat	PR	Tijd	Info
21	gl	18 <b>Dante Dahlili</b>	HPC		<b>14.29</b>	
	bl	50 <b>Cohen Buffey</b>	HPF	16.40	<b>15.11</b>	
		<u>Dante Dahlili</u>			<u>Cohen Buffey</u>	
		100m 14.29 (14.2)			100m 15.11 (15.1)	

		Naam	Cat	PR	Tijd	Info
22	wt	42 <b>Jack Kwadrin</b>	HPE	15.51	<b>15.46</b>	
	rd	51 <b>Samuel Surguy</b>	HPC	15.99	<b>15.90</b>	
		<u>Jack Kwadrin</u>			<u>Samuel Surguy</u>	
		100m 15.46 (15.4)			100m 15.90 (15.9)	

		Naam		Cat		PR	Tijd	Info
23	gl	22 <b>Tom Smith</b>		HPB		16.12	<b>16.09</b>	
	bl	4 <b>Joseph Armstrong</b>		HPB		14.43	<b>13.92</b>	
		<u>Tom Smith</u>			<u>Joseph Armstrong</u>			
		100m 16.09 (16.0)			100m 13.92 (13.9)			
<hr/>								
		Naam		Cat		PR	Tijd	Info
24	wt	9 <b>Hannah Grant</b>		DA1		13.94	<b>14.65</b>	
	rd	8 <b>Philippa Draper</b>		DC2			<b>14.78</b>	
		<u>Hannah Grant</u>			<u>Philippa Draper</u>			
		100m 14.65 (14.6)			100m 14.78 (14.7)			
<hr/>								
		Naam		Cat		PR	Tijd	Info
25	gl	30 <b>Lucy McInnerney</b>		DB2			<b>13.91</b>	
	bl	21 <b>Clare UPTON</b>		D50		14.71	<b>16.01</b>	
		<u>Lucy McInnerney</u>			<u>Clare UPTON</u>			
		100m 13.91 (13.9)			100m 16.01 (16.0)			
<hr/>								
		Naam		Cat		PR	Tijd	Info
26	wt	48 <b>Shannon Gray-Buffey</b>		D40		14.78	<b>DNS</b>	
	rd	39 <b>Abby Keable</b>		DSA			<b>15.21</b>	
		<u>Shannon Gray-Buffey</u>			<u>Abby Keable</u>			
					100m 15.21 (15.2)			
<hr/>								
		Naam		Cat		PR	Tijd	Info
27	gl	6 <b>Johanco Veldsman</b>		HA1		12.39	<b>12.19</b>	
	bl	29 <b>Mike McInnerney</b>		H45			<b>13.55</b>	
		<u>Johanco Veldsman</u>			<u>Mike McInnerney</u>			
		100m 12.19 (12.1)			100m 13.55 (13.5)			
<hr/>								
		Naam		Cat		PR	Tijd	Info
28	wt	14 <b>Solomon Prempeh</b>		HB2			<b>11.47</b>	
	rd	32 <b>David Smith</b>		H50		13.05	<b>13.09</b>	
		<u>Solomon Prempeh</u>			<u>David Smith</u>			
		100m 11.47 (11.4)			100m 13.09 (13.0)			

		Naam		Cat		PR	Tijd	Info
29	gl	13 Paul Connaghton		H50			<b>14.04</b>	
	bl	23 Tom Harris		HB2			<b>12.45</b>	
		Paul Connaghton		Tom Harris				
		100m	14.04	(14.0)	100m	12.45	(12.4)	
<hr/>								
		Naam		Cat		PR	Tijd	Info
30	wt	3 Andrej Kwadrin		HSB			<b>14.03</b>	
	rd	24 Mark McGaw		H60			<b>DNS</b>	
		Andrej Kwadrin		Mark McGaw				
		100m	14.03	(14.0)				
<hr/>								
		Naam		Cat		PR	Tijd	Info
31	gl	61 Jarno Schellekens		HA2		11.52	<b>11.35</b>	
	bl	2 Daniel Yeow		HSB			<b>11.40</b>	
		Jarno Schellekens		Daniel Yeow				
		100m	11.35	(11.3)	100m	11.40	(11.4)	
<hr/>								
		Naam		Cat		PR	Tijd	Info
32	wt	17 Emil Nielsen		HSA			<b>DNS</b>	
	rd	45 Azamat Ismailov		H40		11.62	<b>11.46</b>	PR
		Emil Nielsen		Azamat Ismailov				
					100m	11.46	(11.4)	
<hr/>								
		Naam		Cat		PR	Tijd	Info
33	gl	41 Evy September		DSB		13.82	<b>14.03</b>	
	bl	33 Lotte Jongema		DN4		12.10	<b>12.60</b>	
		Evy September		Lotte Jongema				
		100m	14.03	(14.0)	100m	12.60	(12.6)	
<hr/>								
		Naam		Cat		PR	Tijd	Info
34	wt							
	rd	57 Koen Lippens		HSB		10.64	<b>11.13</b>	
				Koen Lippens				
		m			100m	11.13	(11.1)	

## 8. Uitslag 300 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	57 Koen Lippens	HSB	51	I	26.44		
2	61 Jarno Schellekens	HA2	48	O	26.98	PR	
3	45 Azamat Ismailov	H40	49	I	27.86		
4	2 Daniel Yeow	HSB	48	I	27.91		
5	6 Johanco Veldsman	HA1	44	O	28.39	PR	
6	14 Solomon Prempeh	HB2	45	O	28.62		
7	33 Lotte Jongema	DN4	50	I	30.00		
8	23 Tom Harris	HB2	46	I	30.29		
9	32 David Smith	H50	45	I	31.74		
10	1 Alexandra Snowdon	DPB	35	I	32.21		
11	29 Mike McInnerney	H45	44	I	32.74		
12	3 Andrej Kwadrin	HSB	47	O	32.95	PR	
13	41 Evy September	DSB	50	O	33.44		
14	43 Charline Kwadrin	DPB	35	O	34.45		
15	8 Philippa Draper	DC2	41	I	34.97		
16	13 Paul Connaghton	H50	46	O	35.20		
17	4 Joseph Armstrong	HPB	40	I	36.34		
18	30 Lucy McInnerney	DB2	42	O	36.52		
19	9 Hannah Grant	DA1	41	O	36.56		
20	49 Savi Buffey	DPD	36	O	37.66		
21	18 Dante Dahlili	HPC	38	O	37.91		
22	21 Clare UPTON	D50	42	I	38.08		
23	39 Abby Keable	DSA	43	I	38.20		
24	50 Cohen Buffey	HPF	38	I	40.32	PR	
25	42 Jack Kwadrin	HPE	39	O	40.45	PR	
26	51 Samuel Surguy	HPC	39	I	41.26		
27	25 Meredith McGaw	DPB	36	I	44.63		
28	54 Luke Burton	HPC	37	O	45.99		
29	22 Tom Smith	HPB	40	O	50.95	FL	
30	52 Felicity Surguy	DPF	37	I	58.61		
	48 Shannon Gray-Buffey	D40	43	O	DNS		
	24 Mark McGaw	H60	47	I	DNS		
	17 Emil Nielsen	HSA	49	O	DNS		

## 8. Rituitslag 300 meter

		Naam		Cat		PR	Tijd	Info
35	wt	1	<b>Alexandra Snowdon</b>		DPB		31.91	<b>32.21</b>
	rd	43	<b>Charline Kwadrin</b>		DPB		33.92	<b>34.45</b>
		<u>Alexandra Snowdon</u>			<u>Charline Kwadrin</u>			
		300m	32.21	(32.2)	300m	34.45	(34.4)	

		Naam		Cat		PR	Tijd	Info
36	gl	25	<b>Meredith McGaw</b>		DPB			<b>44.63</b>
	bl	49	<b>Savi Buffey</b>		DPD		36.81	<b>37.66</b>
		<u>Meredith McGaw</u>			<u>Savi Buffey</u>			
		300m	44.63	(44.6)	300m	37.66	(37.6)	

		Naam		Cat		PR	Tijd	Info
37	wt	52	<b>Felicity Surguy</b>		DPF			<b>58.61</b>
	rd	54	<b>Luke Burton</b>		HPC			<b>45.99</b>
		<u>Felicity Surguy</u>			<u>Luke Burton</u>			
		300m	58.61	(58.6)	300m	45.99	(45.9)	

		Naam		Cat		PR	Tijd	Info
38	gl	50	<b>Cohen Buffey</b>		HPF		42.12	<b>40.32</b> PR
	bl	18	<b>Dante Dahlili</b>		HPC			<b>37.91</b>
		<u>Cohen Buffey</u>			<u>Dante Dahlili</u>			
		300m	40.32	(40.3)	300m	37.91	(37.9)	

		Naam		Cat		PR	Tijd	Info
39	wt	51	<b>Samuel Surguy</b>		HPC		39.72	<b>41.26</b>
	rd	42	<b>Jack Kwadrin</b>		HPE		40.98	<b>40.45</b> PR
		<u>Samuel Surguy</u>			<u>Jack Kwadrin</u>			
		300m	41.26	(41.2)	300m	40.45	(40.4)	



		Naam	Cat		PR	Tijd	Info
40	gl	4 <b>Joseph Armstrong</b>	HPB		36.20	<b>36.34</b>	
	bl	22 <b>Tom Smith</b>	HPB		41.28	<b>50.95</b>	FL
		<u>Joseph Armstrong</u>		<u>Tom Smith</u>			
		300m	36.34	(36.3)	300m	50.95	(50.9)
		Naam	Cat		PR	Tijd	Info
41	wt	8 <b>Philippa Draper</b>	DC2			<b>34.97</b>	
	rd	9 <b>Hannah Grant</b>	DA1		33.60	<b>36.56</b>	
		<u>Philippa Draper</u>		<u>Hannah Grant</u>			
		300m	34.97	(34.9)	300m	36.56	(36.5)
		Naam	Cat		PR	Tijd	Info
42	gl	21 <b>Clare UPTON</b>	D50		35.78	<b>38.08</b>	
	bl	30 <b>Lucy McInnerney</b>	DB2			<b>36.52</b>	
		<u>Clare UPTON</u>		<u>Lucy McInnerney</u>			
		300m	38.08	(38.0)	300m	36.52	(36.5)
		Naam	Cat		PR	Tijd	Info
43	wt	39 <b>Abby Keable</b>	DSA			<b>38.20</b>	
	rd	48 <b>Shannon Gray-Buffey</b>	D40		36.29	<b>DNS</b>	
		<u>Abby Keable</u>		<u>Shannon Gray-Buffey</u>			
		300m	38.20	(38.2)			
		Naam	Cat		PR	Tijd	Info
44	gl	29 <b>Mike McInnerney</b>	H45			<b>32.74</b>	
	bl	6 <b>Johanco Veldsman</b>	HA1		28.66	<b>28.39</b>	PR
		<u>Mike McInnerney</u>		<u>Johanco Veldsman</u>			
		300m	32.74	(32.7)	300m	28.39	(28.3)
		Naam	Cat		PR	Tijd	Info
45	wt	32 <b>David Smith</b>	H50		31.06	<b>31.74</b>	
	rd	14 <b>Solomon Prempeh</b>	HB2			<b>28.62</b>	
		<u>David Smith</u>		<u>Solomon Prempeh</u>			
		300m	31.74	(31.7)	300m	28.62	(28.6)

		Naam	Cat	PR	Tijd	Info
46	gl	23 <b>Tom Harris</b>	HB2		<b>30.29</b>	
	bl	13 <b>Paul Connaghton</b>	H50		<b>35.20</b>	
		<u>Tom Harris</u>			<u>Paul Connaghton</u>	
		300m	30.29	(30.2)	300m	35.20 (35.2)

		Naam	Cat	PR	Tijd	Info
47	wt	24 <b>Mark McGaw</b>	H60		<b>DNS</b>	
	rd	3 <b>Andrej Kwadrin</b>	HSB	34.22	<b>32.95</b>	PR
		<u>Mark McGaw</u>			<u>Andrej Kwadrin</u>	
					300m	32.95 (32.9)

		Naam	Cat	PR	Tijd	Info
48	gl	2 <b>Daniel Yeow</b>	HSB		<b>27.91</b>	
	bl	61 <b>Jarno Schellekens</b>	HA2	27.42	<b>26.98</b>	PR
		<u>Daniel Yeow</u>			<u>Jarno Schellekens</u>	
		300m	27.91	(27.9)	300m	26.98 (26.9)

		Naam	Cat	PR	Tijd	Info
49	wt	45 <b>Azamat Ismailov</b>	H40	27.63	<b>27.86</b>	
	rd	17 <b>Emil Nielsen</b>	HSA		<b>DNS</b>	
		<u>Azamat Ismailov</u>			<u>Emil Nielsen</u>	
		300m	27.86	(27.8)		

		Naam	Cat	PR	Tijd	Info
50	gl	33 <b>Lotte Jongema</b>	DN4	28.57	<b>30.00</b>	
	bl	41 <b>Evy September</b>	DSB	32.92	<b>33.44</b>	
		<u>Lotte Jongema</u>			<u>Evy September</u>	
		300m	30.00	(30.0)	300m	33.44 (33.4)

		Naam	Cat	PR	Tijd	Info
51	wt	57 <b>Koen Lippens</b>	HSB	25.43	<b>26.44</b>	
	rd					
		<u>Koen Lippens</u>				
		300m	26.44	(26.4)	m	

## 9. Uitslag 300 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	57 Koen Lippens	HSB	68	O	26.72		
2	61 Jarno Schellekens	HA2	65	I	27.07		
3	45 Azamat Ismailov	H40	66	O	27.55	PR	
4	2 Daniel Yeow	HSB	65	O	27.73		
5	6 Johanco Veldsman	HA1	61	I	28.43		
6	14 Solomon Prempeh	HB2	62	I	28.93		
7	33 Lotte Jongema	DN4	67	O	29.87		
8	23 Tom Harris	HB2	63	O	30.52		
9	1 Alexandra Snowdon	DPB	52	O	31.89	PR	
10	32 David Smith	H50	62	O	31.90		
11	29 Mike McInnerney	H45	61	O	32.60		
12	3 Andrej Kwadrin	HSB	64	I	33.07		
13	43 Charline Kwadrin	DPB	52	I	33.93		
14	41 Evy September	DSB	67	I	33.99		
15	13 Paul Connaghton	H50	63	I	35.26		
16	30 Lucy McInnerney	DB2	59	I	35.99		
17	9 Hannah Grant	DA1	58	I	36.59		
18	4 Joseph Armstrong	HPB	57	O	37.02		
	18 Dante Dahlili	HPC	55	I	37.02		
20	49 Savi Buffey	DPD	53	I	37.70		
21	21 Clare UPTON	D50	59	O	38.85		
22	42 Jack Kwadrin	HPE	56	I	39.70	PR	
23	39 Abby Keable	DSA	60	O	40.20		
24	50 Cohen Buffey	HPF	55	O	41.10		
25	51 Samuel Surguy	HPC	56	O	41.14		
26	54 Luke Burton	HPC	54	I	43.62		
27	25 Meredith McGaw	DPB	53	O	44.18		
28	22 Tom Smith	HPB	57	I	44.69		
29	8 Philippa Draper	DC2	58	O	46.08	FL	
30	52 Felicity Surguy	DPF	54	O	1:07.53	FL	
	48 Shannon Gray-Buffey	D40	60	I	DNS		
	24 Mark McGaw	H60	64	O	DNS		
	17 Emil Nielsen	HSA	66	I	DNS		

## 9. Rituitslag 300 meter

		Naam	Cat	PR	Tijd	Info
52	wt	43 <b>Charline Kwadrin</b>	DPB	33.92	<b>33.93</b>	
	rd	1 <b>Alexandra Snowdon</b>	DPB	31.91	<b>31.89</b>	PR
		<u>Charline Kwadrin</u>			<u>Alexandra Snowdon</u>	
		300m 33.93 (33.9)			300m 31.89 (31.8)	

		Naam	Cat	PR	Tijd	Info
53	gl	49 <b>Savi Buffey</b>	DPD	36.81	<b>37.70</b>	
	bl	25 <b>Meredith McGaw</b>	DPB		<b>44.18</b>	
		<u>Savi Buffey</u>			<u>Meredith McGaw</u>	
		300m 37.70 (37.7)			300m 44.18 (44.1)	

		Naam	Cat	PR	Tijd	Info
54	wt	54 <b>Luke Burton</b>	HPC		<b>43.62</b>	
	rd	52 <b>Felicity Surguy</b>	DPF		<b>1:07.53</b>	FL
		<u>Luke Burton</u>			<u>Felicity Surguy</u>	
		300m 43.62 (43.6)			300m 1:07.53 (67.5)	

		Naam	Cat	PR	Tijd	Info
55	gl	18 <b>Dante Dahlili</b>	HPC		<b>37.02</b>	
	bl	50 <b>Cohen Buffey</b>	HPF	42.12	<b>41.10</b>	
		<u>Dante Dahlili</u>			<u>Cohen Buffey</u>	
		300m 37.02 (37.0)			300m 41.10 (41.1)	

		Naam	Cat	PR	Tijd	Info
56	wt	42 <b>Jack Kwadrin</b>	HPE	40.98	<b>39.70</b>	PR
	rd	51 <b>Samuel Surguy</b>	HPC	39.72	<b>41.14</b>	
		<u>Jack Kwadrin</u>			<u>Samuel Surguy</u>	
		300m 39.70 (39.7)			300m 41.14 (41.1)	

		Naam	Cat	PR	Tijd	Info
57	gl	22 <b>Tom Smith</b>	HPB	41.28	<b>44.69</b>	
	bl	4 <b>Joseph Armstrong</b>	HPB	36.20	<b>37.02</b>	
		<u>Tom Smith</u>				<u>Joseph Armstrong</u>
		300m 44.69 (44.6)				300m 37.02 (37.0)
<hr/>						
		Naam	Cat	PR	Tijd	Info
58	wt	9 <b>Hannah Grant</b>	DA1	33.60	<b>36.59</b>	
	rd	8 <b>Philippa Draper</b>	DC2		<b>46.08</b>	FL
		<u>Hannah Grant</u>				<u>Philippa Draper</u>
		300m 36.59 (36.5)				300m 46.08 (46.0)
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		Naam	Cat	PR	Tijd	Info
59	gl	30 <b>Lucy McInnerney</b>	DB2		<b>35.99</b>	
	bl	21 <b>Clare UPTON</b>	D50	35.78	<b>38.85</b>	
		<u>Lucy McInnerney</u>				<u>Clare UPTON</u>
		300m 35.99 (35.9)				300m 38.85 (38.8)
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		Naam	Cat	PR	Tijd	Info
60	wt	48 <b>Shannon Gray-Buffey</b>	D40	36.29	<b>DNS</b>	
	rd	39 <b>Abby Keable</b>	DSA		<b>40.20</b>	
		<u>Shannon Gray-Buffey</u>				<u>Abby Keable</u>
						300m 40.20 (40.2)
<hr/>						
		Naam	Cat	PR	Tijd	Info
61	gl	6 <b>Johanco Veldsman</b>	HA1	28.66	<b>28.43</b>	
	bl	29 <b>Mike McInnerney</b>	H45		<b>32.60</b>	
		<u>Johanco Veldsman</u>				<u>Mike McInnerney</u>
		300m 28.43 (28.4)				300m 32.60 (32.6)
<hr/>						
		Naam	Cat	PR	Tijd	Info
62	wt	14 <b>Solomon Prempeh</b>	HB2		<b>28.93</b>	
	rd	32 <b>David Smith</b>	H50	31.06	<b>31.90</b>	
		<u>Solomon Prempeh</u>				<u>David Smith</u>
		300m 28.93 (28.9)				300m 31.90 (31.9)

		Naam		Cat		PR	Tijd	Info	
63	gl	13	<b>Paul Connaghton</b>		H50		<b>35.26</b>		
	bl	23	<b>Tom Harris</b>		HB2		<b>30.52</b>		
		<u>Paul Connaghton</u>			<u>Tom Harris</u>				
		300m	35.26	(35.2)	300m	30.52	(30.5)		

		Naam		Cat		PR	Tijd	Info	
64	wt	3	<b>Andrej Kwadrin</b>		HSB	34.22	<b>33.07</b>		
	rd	24	<b>Mark McGaw</b>		H60		<b>DNS</b>		
		<u>Andrej Kwadrin</u>			<u>Mark McGaw</u>				
		300m	33.07	(33.0)					

		Naam		Cat		PR	Tijd	Info	
65	gl	61	<b>Jarno Schellekens</b>		HA2	27.42	<b>27.07</b>		
	bl	2	<b>Daniel Yeow</b>		HSB		<b>27.73</b>		
		<u>Jarno Schellekens</u>			<u>Daniel Yeow</u>				
		300m	27.07	(27.0)	300m	27.73	(27.7)		

		Naam		Cat		PR	Tijd	Info	
66	wt	17	<b>Emil Nielsen</b>		HSA		<b>DNS</b>		
	rd	45	<b>Azamat Ismailov</b>		H40	27.63	<b>27.55</b>	PR	
		<u>Emil Nielsen</u>			<u>Azamat Ismailov</u>				
					300m	27.55	(27.5)		

		Naam		Cat		PR	Tijd	Info	
67	gl	41	<b>Evy September</b>		DSB	32.92	<b>33.99</b>		
	bl	33	<b>Lotte Jongema</b>		DN4	28.57	<b>29.87</b>		
		<u>Evy September</u>			<u>Lotte Jongema</u>				
		300m	33.99	(33.9)	300m	29.87	(29.8)		

		Naam		Cat		PR	Tijd	Info	
68	wt								
	rd	57	<b>Koen Lippens</b>		HSB	25.43	<b>26.72</b>		
		<u>Koen Lippens</u>							
		m			300m	26.72	(26.7)		

## 13. Uitslag Team Pursuit

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	106 BelgiumPursuit	T	1	I	3:23.61		
2	107 LBSG	T	4	I	4:01.51		
3	104 UKLongtrackMasters	T	2	O	4:12.54		
4	101 AldwychA	T	2	I	4:22.07		
5	103 UKLongtrack1	T	1	O	5:00.08	FL	
6	102 AldwychJuniors	T	3	O	5:12.15		
7	105 GO-SPORT	T	3	I	6:05.13		

## 13. Rituitslag Team Pursuit

		Naam		Cat		PR	Tijd	Info
1	wt	106	<b>BelgiumPursuit</b>		T		<b>3:23.61</b>	
	rd	103	<b>UKLongtrack1</b>		T		<b>5:00.08</b>	FL
		<b>BelgiumPursuit</b>				<b>UKLongtrack1</b>		
		200m	21.34	(21.3)		200m	26.90	(26.9)
		400m	37.21	(15.9)		400m	49.14	(22.2)
		600m	53.27	(16.0)		600m	1:24.38	(35.2)
		800m	1:08.93	(15.7)		800m	1:49.63	(25.3)
		1000m	1:25.22	(16.3)		1000m	2:14.03	(24.4)
		1200m	1:41.63	(16.4)		1200m	2:37.80	(23.8)
		1400m	1:58.61	(17.0)		1400m	3:01.01	(23.2)
		1600m	2:15.29	(16.6)		1600m	3:24.90	(23.9)
		1800m	2:32.50	(17.3)		1800m	3:48.40	(23.5)
		2000m	2:49.38	(16.8)		2000m	4:12.40	(24.0)
		2200m	3:06.44	(17.1)		2200m	4:37.28	(24.8)
		2400m	3:23.61	(17.2)		2400m	5:00.08	(22.8)

		Naam		Cat		PR	Tijd	Info
2	wt	101	<b>AldwychA</b>		T		<b>4:22.07</b>	
	rd	104	<b>UKLongtrackMasters</b>		T		<b>4:12.54</b>	
		<b>AldwychA</b>				<b>UKLongtrackMasters</b>		
		200m	23.85	(23.8)		200m	24.85	(24.8)
		400m	42.70	(18.9)		400m	43.72	(18.9)
		600m	1:01.96	(19.2)		600m	1:02.75	(19.0)
		800m	1:22.29	(20.3)		800m	1:22.35	(19.6)
		1000m	1:43.95	(21.7)		1000m	1:42.70	(20.4)
		1200m	2:07.19	(23.2)		1200m	2:03.50	(20.8)
		1400m	2:30.54	(23.4)		1400m	2:24.28	(20.7)
		1600m	2:53.36	(22.8)		1600m	2:45.85	(21.6)
		1800m	3:15.41	(22.1)		1800m	3:07.55	(21.7)
		2000m	3:38.19	(22.7)		2000m	3:29.59	(22.0)
		2200m	4:00.77	(22.6)		2200m	3:51.46	(21.9)
		2400m	4:22.07	(21.3)		2400m	4:12.54	(21.1)



		Naam		Cat		PR	Tijd	Info
3	wt	105	<b>GO-SPORT</b>		T		<b>6:05.13</b>	
	rd	102	<b>AldwychJuniors</b>		T		<b>5:12.15</b>	
			<b>GO-SPORT</b>				<b>AldwychJuniors</b>	
		200m	33.06	(33.0)		200m	32.17	(32.1)
		400m	1:02.79	(29.7)		400m	57.49	(25.3)
		600m	1:30.84	(28.1)		600m	1:22.62	(25.2)
		800m	2:00.37	(29.5)		800m	1:47.50	(24.9)
		1000m	2:29.91	(29.6)		1000m	2:12.08	(24.5)
		1200m	3:00.52	(30.6)		1200m	2:37.46	(25.4)
		1400m	3:32.06	(31.5)		1400m	3:02.45	(25.0)
		1600m	4:06.40	(34.4)		1600m	3:29.26	(26.8)
		1800m	4:36.30	(29.9)		1800m	3:56.19	(26.9)
		2000m	5:08.17	(31.8)		2000m	4:22.29	(26.1)
		2200m	5:37.84	(29.7)		2200m	4:47.73	(25.5)
		2400m	6:05.13	(27.3)		2400m	5:12.15	(24.4)

		Naam		Cat		PR	Tijd	Info
4	wt	107	<b>LBSG</b>		T		<b>4:01.51</b>	
	rd							
			<b>LBSG</b>					
		200m	22.03	(22.0)		m		
		400m	40.15	(18.1)				
		600m	58.79	(18.6)				
		800m	1:17.69	(18.9)				
		1000m	1:37.37	(19.7)				
		1200m	1:57.10	(19.8)				
		1400m	2:17.09	(19.9)				
		1600m	2:38.02	(21.0)				
		1800m	2:59.65	(21.6)				
		2000m	3:21.10	(21.5)				
		2200m	3:41.45	(20.3)				
		2400m	4:01.51	(20.1)				