



PROTOCOL

Aldwych Speed Club
Saturday 4th March 2017
Aldwych Open
'The Tom Laming Mile'

Race Officials

Chief Referee	Sarah Henderson
Assistant Referee	Peter Worth, Gideon Veldsman, Lloyd Campion. Hew Williams (in training)
Starter	Jon Collins
Competitors' Steward	Gerard Williams, Clinton Cast

Coordinator	Carol Gallon
Announcer	CD Riches
Lapboard	Dave Adby
Timekeepers / Line Judges	Carol Gallon, Peter Hurley, David Draper, Brian Collins, Nina Dalili
Heatbox Steward	Kay Collins, Emma Ayres
Ice Stewards	David Jones, Jon Gadd, Matt Rowe

Heat 1		Heat		
Group 1		Dist	500m	
No.	Name	Club	Pos	Time
132	Solomon Prempeh	ALD	1	50.12
49	Kyle Ross-Waddell	NOT	2	50.47
242	Peter Carr	ALD	3	50.94
22	Keith Wright	SHF	4	52.75
288	Anton Carter	ALD	5	53.94

1st, 2nd & 3rd to A Semis, rest to B Semis

Heat 2		Heat		
Group 1		Dist	500m	
No.	Name	Club	Pos	Time
274	Holly Hoyland	NOT	1	50.02
95	Isabelle Roberts	NOT	2	50.14
89	Peter Armstrong	ALD	3	50.16
135	Bradley Wills	SHF	4	50.18
27	Gary Leighs	ALD	5	51.56

1st, 2nd & 3rd to A Semis, rest to B Semis

Heat 3		Heat		
Group 1		Dist	500m	
No.	Name	Club	Pos	Time
253	Sam Hammersley	NOT	1	48.50
88	David Robles-Thome	FV	2	50.03
147	Alex Collins	ALD	3	50.26
283	Jack Urquhart	NOT	4	51.69
102	Adam Brown	NOT	5	51.69
145	Ben Roberts	NOT	6	1:03.14

1st, 2nd & 3rd to A Semis, rest to B Semis

Heat 4		Heat		
Group 1		Dist	500m	
No.	Name	Club	Pos	Time
207	Jessica Urquhart	NOT	1	49.25
255	Olivia Weedon	ALD	2	50.03
18	Gregg Elliott	SHF	3	50.06
7	Lloyd Duncan	ALD	4	51.07
125	Johanco Veldsman	SHF	5	55.00
256	Ed Djemal	ALD	6	55.77

1st, 2nd & 3rd to A Semis, rest to B Semis

Heat 5		Heat		
Group 2		Dist	777m	
No.	Name	Club	Pos	Time
146	Isaac Hurley	NOT	1	1:31.62
177	Mick O'Dea	SHF	2	1:32.07
4	Hannah Grant	ALT	3	1:32.27
123	Peter Carter	ALD	4	1:47.56
249	Abby Keable	ALD	5	1:47.69

1st, 2nd & 2 x fastest 3rd to A Semis, rest to B

Heat 6		Heat		
Group 2		Dist	777m	
No.	Name	Club	Pos	Time
31	Natasha Nemeth Knight	MOH	1	1:29.25
46	Mark McKenzie	MOH	2	1:33.33
136	Rose Happer	NOT	3	1:34.39
80	Zoe Clark	ALD	4	1:34.44
36	Paul Connaghton	ALD	5	1:37.19

1st, 2nd & 2 x fastest 3rd to A Semis, rest to B

Heat 7		Heat		
Group 2		Dist	777m	
No.	Name	Club	Pos	Time
15	Matt Gardner	SHF	1	1:28.75
78	Helen Kirkby	MOH	2	1:31.00
162	Adam Hill	MOH	3	1:33.06
14	Peter Grewal	ALD	4	1:34.50
104	Brandon Marshall	SHF	DNS	

1st, 2nd & 2 x fastest 3rd to A Semis, rest to B

Heat 8		Heat		
Group 2		Dist	777m	
No.	Name	Club	Pos	Time
44	Talya Kaye	NOT	1	1:29.75
39	Fern Taylor	NOT	2	1:35.93
85	Mike Maynard	ALD	3	1:37.50
166	Melloney Post	NSV	4	1:39.56

1st, 2nd & 2 x fastest 3rd to A Semis, rest to B

Heat 9		Heat		
Junior D & E		Dist	333m	
No.	Name	Club	Pos	Time
290	Theo Collins	ALD	1	34.81
109	Noah Glynn	MOH	2	38.46
106	Charlie Marsden	NOT	3	45.75
101	Philippa Draper	ALD	4	47.44
267	Dante Dalili	ALD	PEN	

1st, 2nd & 3rd to A Semis, rest to B Semis

Heat 10		Heat		
Junior D & E		Dist	333m	
No.	Name	Club	Pos	Time
176	Skyler Kan	MOH	1	38.06
107	Arty Clarey	NOT	2	41.95
87	Ollie Rowe	ALD	3	43.19
65	Jack Weedon	ALD	4	47.50
151	Matvey Rojas-Lepekhin	ALD	5	51.82

1st, 2nd & 3rd to A Semis, rest to B Semis

Heat 11		Heat		
Junior D & E		Dist	333m	
No.	Name	Club	Pos	Time
302	Sophie Robertson	NOT	1	37.75
139	Isaac Raizada	NOT	2	38.38
159	Joseph Armstrong	ALD	3	40.56
161	Emma Grayson	NOT	4	43.31
96	Finlay Cole	MOH	5	46.62

1st, 2nd & 3rd to A Semis, rest to B Semis

Heat 12		Heat		
Junior D & E		Dist	333m	
No.	Name	Club	Pos	Time
41	Freddie Polak	NOT	1	36.69
265	Adam Hill Jnr.	MOH	2	37.53
129	Albie Barlow	ALD	3	43.69
79	Elliot Baker	NOT	4	44.56

1st, 2nd & 3rd to A Semis, rest to B Semis

Heat 13		1st Round		
Novices		Dist	222m	
No.	Name	Club	Pos	Time
805	Margaret Sukiennik	NOT	1	30.44
802	Harley Youngman	GOS	2	34.01
807	Julia Brannagan	ALD	3	40.62
804	Samuel Surguy	NOT	4	41.00
803	Isabelle Corney	GOS	5	44.75
801	Jasmine Ayres	ALD	6	45.46

Heat 14		B Semi Final		
Group 1		Dist 777m		
No.	Name	Club	Pos	Time
135	Bradley Wills	SHF	1	1:24.69
27	Gary Leighs	ALD	2	1:25.84
125	Johanco Veldsman	SHF	3	1:26.19
256	Ed Djemal	ALD	4	1:30.25
22	Keith Wright	SHF	DNF	

1st to B Final, rest to C Final

Heat 15		B Semi Final		
Group 1		Dist 777m		
No.	Name	Club	Pos	Time
145	Ben Roberts	NOT	1	1:22.37
7	Lloyd Duncan	ALD	2	1:24.14
283	Jack Urquhart	NOT	3	1:24.25
102	Adam Brown	NOT	4	1:24.56
288	Anton Carter	ALD	5	1:26.06

1st to B Final, rest to C Final

Heat 16		A Semi Final		
Group 1		Dist 1000m		
No.	Name	Club	Pos	Time
253	Sam Hammersley	NOT	1	1:47.56
132	Solomon Prempeh	ALD	2	1:48.27
242	Peter Carr	ALD	3	1:48.32
18	Gregg Elliott	SHF	4	1:49.63
49	Kyle Ross-Waddell	NOT	5	1:50.37
88	David Robles-Thome	FV	6	1:50.64

1st, 2nd, 3rd & 1 fastest 4th to A Final, rest to B

Heat 17		A Semi Final		
Group 1		Dist 1000m		
No.	Name	Club	Pos	Time
89	Peter Armstrong	ALD	1	1:48.65
95	Isabelle Roberts	NOT	2	1:49.50
274	Holly Hoyland	NOT	3	1:49.53
255	Olivia Weedon	ALD	4	1:49.69
147	Alex Collins	ALD	5	1:51.58
207	Jessica Urquhart	NOT	PEN	

1st, 2nd, 3rd & 1 fastest 4th to A Final, rest to B

Heat 18		B Semi Final		
Group 2		Dist 500m		
No.	Name	Club	Pos	Time
136	Rose Happer	NOT	1	56.38
14	Peter Grewal	ALD	2	58.83
166	Melloney Post	NSV	3	1:00.19
249	Abby Keable	ALD	4	1:09.75

1st to B Final, 2nd & 3rd to C, rest to D

Heat 19		B Semi Final		
Group 2		Dist 500m		
No.	Name	Club	Pos	Time
36	Paul Connaghton	ALD	1	1:00.62
80	Zoe Clark	ALD	2	1:01.41
85	Mike Maynard	ALD	3	1:01.50
123	Peter Carter	ALD	4	1:06.69

1st to B Final, 2nd & 3rd to C, rest to D

Heat 20		A Semi Final		
Group 2		Dist 500m		
No.	Name	Club	Pos	Time
15	Matt Gardner	SHF	1	55.06
78	Helen Kirkby	MOH	2	58.27
4	Hannah Grant	ALT	3	58.75
39	Fern Taylor	NOT	4	59.08
146	Isaac Hurley	NOT	PEN	

1st, 2nd & 3rd to A Final, rest to B Final

Heat 21		A Semi Final		
Group 2		Dist 500m		
No.	Name	Club	Pos	Time
31	Natasha Nemeth Knight	MOH	1	56.38
177	Mick O'Dea	SHF	2	57.38
44	Talya Kaye	NOT	3	57.63
46	Mark McKenzie	MOH	4	58.87
162	Adam Hill	MOH	5	1:01.81

1st, 2nd & 3rd to A Final, rest to B Final

Heat 22		B Semi Final		
Junior D & E		Dist 500m		
No.	Name	Club	Pos	Time
161	Emma Grayson	NOT	1	1:04.62
96	Finlay Cole	MOH	2	1:08.09
65	Jack Weedon	ALD	3	1:10.69

1st & 1 fastest 2nd to C Final, rest to D Final

Heat 23		B Semi Final		
Junior D & E		Dist 500m		
No.	Name	Club	Pos	Time
79	Elliot Baker	NOT	1	1:06.82
101	Philippa Draper	ALD	2	1:09.31
151	Matviev Rojas-Lepekhn	ALD	3	1:12.34
267	Dante Dalili	ALD	4	1:22.62

1st & 1 fastest 2nd to C Final, rest to D Final

Heat 24		A Semi Final		
Junior D & E		Dist 777m		
No.	Name	Club	Pos	Time
290	Theo Collins	ALD	1	1:23.43
265	Adam Hill Jnr.	MOH	2	1:29.90
107	Arty Clarey	NOT	3	1:37.03
159	Joseph Armstrong	ALD	4	1:37.69
176	Skylar Kan	MOH	5	2:01.01
106	Charlie Marsden	NOT	PEN	

1st, 2nd & 1 fastest 3rd to A Final, 4th & 5th to B, 6th to C

Heat 25		A Semi Final		
Junior D & E		Dist 777m		
No.	Name	Club	Pos	Time
139	Isaac Raizada	NOT	1	1:25.36
87	Ollie Rowe	ALD	2	1:26.16
302	Sophie Robertson	NOT	3	1:27.57
41	Freddie Polak	NOT	4	1:30.06
109	Noah Glynn	MOH	5	1:46.82
129	Albie Barlow	ALD	6	1:50.66

1st, 2nd & 1 fastest 3rd to A Final, 4th & 5th to B, 6th to C

Heat 26		Novices		
		Dist 333m		
No.	Name	Club	Pos	Time
805	Margaret Sukiennik	NOT	1	48.36
802	Harley Youngman	GOS	2	48.40
804	Samuel Surguy	NOT	3	52.33
807	Julia Brannagan	ALD	4	58.78
801	Jasmine Ayres	ALD	5	1:06.35
803	Isabelle Corney	GOS	6	1:09.85

Heat 27 C Final				
Group 1		Dist 1000m		
No.	Name	Club	Pos	Time
283	Jack Urquhart	NOT	1	1:48.87
7	Lloyd Duncan	ALD	2	1:49.75
27	Gary Leighs	ALD	3	1:50.06
102	Adam Brown	NOT	4	1:50.68
125	Johanco Veldsman	SHF	5	1:52.62
288	Anton Carter	ALD	6	1:56.93
256	Ed Djemal	ALD	7	1:57.83
22	Keith Wright	SHF	DNS	

Heat 28 B Final				
Group 1		Dist 1500m		
No.	Name	Club	Pos	Time
145	Ben Roberts	NOT	1	2:54.50
135	Bradley Wills	SHF	2	2:55.62
49	Kyle Ross-Waddell	NOT	3	2:58.02
88	David Robles-Thome	FV	4	2:58.50
255	Olivia Weedon	ALD	5	2:58.85
147	Alex Collins	ALD	6	3:09.38
207	Jessica Urquhart	NOT	7	3:22.01

Heat 29 A Final				
Group 1		Dist Mile		
No.	Name	Club	Pos	Time
253	Sam Hammersley	NOT	1	2:58.63
242	Peter Carr	ALD	2	3:00.13
95	Isabelle Roberts	NOT	3	3:00.38
89	Peter Armstrong	ALD	4	3:01.62
132	Solomon Prempeh	ALD	5	3:01.81
274	Holly Hoyland	NOT	6	3:04.82
18	Gregg Elliott	SHF	7	3:22.37

Heat 30 D Final				
Group 2		Dist 500m		
No.	Name	Club	Pos	Time
249	Abby Keable	ALD	1	1:06.75
123	Peter Carter	ALD	2	1:07.33

Heat 31 C Final				
Group 2		Dist 777m		
No.	Name	Club	Pos	Time
80	Zoe Clark	ALD	1	1:34.31
166	Melloney Post	NSV	2	1:35.89
14	Peter Grewal	ALD	3	1:36.19
85	Mike Maynard	ALD	4	1:37.19

Heat 32 B Final				
Group 2		Dist 1000m		
No.	Name	Club	Pos	Time
46	Mark McKenzie	MOH	1	2:02.19
136	Rose Happer	NOT	2	2:03.14
39	Fern Taylor	NOT	3	2:06.31
162	Adam Hill	MOH	4	2:06.94
36	Paul Connaghton	ALD	5	2:39.03
146	Isaac Hurley	NOT	6	NTT

Heat 33 A Final				
Group 2		Dist 1000m		
No.	Name	Club	Pos	Time
15	Matt Gardner	SHF	1	1:56.12
31	Natasha Nemeth Knight	MOH	2	1:57.57
177	Mick O'Dea	SHF	3	1:58.44
44	Talya Kaye	NOT	4	1:59.25
78	Helen Kirkby	MOH	5	2:02.32
4	Hannah Grant	ALT	6	2:18.00

Heat 34 D Final				
Junior D & E		Dist 500m		
No.	Name	Club	Pos	Time
151	Matviev Rojas-Lepekhn	ALD	1	1:08.44
267	Dante Dalili	ALD	2	1:19.94
101	Philippa Draper	ALD	3	1:26.77
65	Jack Weedon	ALD	PEN	

Heat 35 C Final				
Junior D & E		Dist 500m		
No.	Name	Club	Pos	Time
106	Charlie Marsden	NOT	1	1:04.65
79	Elliot Baker	NOT	2	1:08.19
96	Finlay Cole	MOH	3	1:10.43
161	Emma Grayson	NOT	4	1:12.00
129	Albie Barlow	ALD	5	1:19.12

Heat 36 B Final				
Junior D & E		Dist 500m		
No.	Name	Club	Pos	Time
41	Freddie Polak	NOT	1	57.18
109	Noah Glynn	MOH	2	59.38
176	Skylar Kan	MOH	3	59.72
159	Joseph Armstrong	ALD	4	1:00.56
107	Arty Clarey	NOT	5	1:01.88

Heat 37 A Final				
Junior D & E		Dist 500m		
No.	Name	Club	Pos	Time
290	Theo Collins	ALD	1	52.00
87	Ollie Rowe	ALD	2	52.83
302	Sophie Robertson	NOT	3	53.68
265	Adam Hill Jnr.	MOH	4	54.44
139	Isaac Raizada	NOT	DNF	

Heat 38 Round 3				
Novices		Dist 222m		
No.	Name	Club	Pos	Time
805	Margaret Sukiennik	NOT	1	30.07
802	Harley Youngman	GOS	2	33.62
804	Samuel Surguy	NOT	3	34.00
801	Jasmine Ayres	ALD	4	43.37
807	Julia Brannagan	ALD	5	43.51
803	Isabelle Corney	GOS	6	44.18

Heat 39		Final		
Group 1		Dist	2000	
No.	Name	Club	Pos	Time
253	Sam Hammersley	NOT	1	3:16.50
255	Olivia Weedon	ALD		
49	Kyle Ross-Waddell	NOT		
125	Johanco Veldsman	SHF		
89	Peter Armstrong	ALD	2	3:17.02
207	Jessica Urquhart	NOT		
147	Alex Collins	ALD		
27	Gary Leighs	ALD		
242	Peter Carr	ALD	3	3:20.56
95	Isabelle Roberts	NOT		
7	Lloyd Duncan	ALD		
283	Jack Urquhart	NOT		
132	Solomon Prempeh	ALD	4	3:21.06
18	Gregg Elliott	SHF		
88	David Robles-Thome	FV		
288	Anton Carter	ALD		
145	Ben Roberts	NOT	5	3:31.37 F
274	Holly Hoyland	NOT		
135	Bradley Wills	SHF		
102	Adam Brown	NOT		

Heat 40		Final		
Group 2		Dist	2000	
No.	Name	Club	Pos	Time
31	Natasha Nemeth Knight	MOH	1	3:48.94
146	Isaac Hurley	NOT		
39	Fern Taylor	NOT		
14	Peter Grewal	ALD		
177	Mick O'Dea	SHF	2	3:53.06
44	Talya Kaye	NOT		
36	Paul Connaghton	ALD		
162	Adam Hill	MOH		
15	Matt Gardner	SHF	3	3:55.43
78	Helen Kirkby	MOH		
46	Mark McKenzie	MOH		
166	Melloney Post	NSV		
123	Peter Carter	ALD		
256	Ed Djemal	ALD	4	04:02.69 F
4	Hannah Grant	ALT		
136	Rose Happer	NOT		
80	Zoe Clark	ALD		
85	Mike Maynard	ALD		

Awards - Guildford Open**4 March 2017**

Group 1	1st	253	Sam Hammersley
	2nd	242	Peter Carr
	3rd	95	Isabelle Roberts

Group 2	1st	15	Matt Gardner
	2nd	31	Natasha Nemeth Knight
	3rd	177	Mick O'Dea

Junior D	1st	290	Theo Collins
	2nd	87	Ollie Rowe
	3rd	302	Sophie Robertson

Junior E	1st	41	Freddie Polak
	2nd	109	Noah Glynn
	3rd	159	Joseph Armstrong

Tom Laming Mile	1st	253	Sam Hammersley